



**GUERLAIN**  
SPA

ENTER A WORLD  
OF ABSOLUTE BEAUTY  
AND WELL-BEING

ULTIMATE  
SCIENCE OF  
WELLNESS



# KNOW-HOW & DARING

Guerlain opened its Institute and aesthetic training school in 1939. It has since trained all its Beauty Experts there, inspiring them to be ambassadors for Guerlain excellence. Throughout the world, these Experts carry out treatments requiring tremendous technical skill, such as the 19-minute facial treatment, which is considered as an industry standard. Spurred on by its pioneering and enterprising vision, Guerlain has been developing massage techniques that combine tradition and innovation for the past 80 years.

With its years of know-how and expertise, Guerlain ensures that every single treatment is an outstanding and personalised experience. Guerlain Beauty Experts perform Guerlain protocols with perfect skill, while being attentive to each individual. The diagnosis stage allows the Experts to adapt their movements and pressure to meet precise needs and expectations. For a unique and absolutely unforgettable experience...



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AN INDIVIDUAL APPROACH  
FOR INSTANTLY VISIBLE AND  
LASTING RESULTS  
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# AWAKEN THE SENSES

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A MULTI-SENSORIAL EXPERIENCE  
WHERE PLEASURE  
MEETS EFFECTIVENESS  
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Inside an intimate cocoon, soothed by relaxing music, the senses are aroused and the mind is calmed. Before each treatment, Beauty Experts ask each guest to choose their own olfactory theme to create an atmosphere of relaxation and serenity. This theme helps to encourage gentle relaxation and to ensure that the journey to well-being is enjoyed to the full.

Rare orchids with outstanding longevity properties, healing bee products... Since it was founded, Guerlain has been inspired by nature, respectfully drawing on its sensoriality and effectiveness. This unique quest for perfection is echoed at every single Guerlain Spa. Inside each haven, complex rituals are performed to the most exacting standards, the result of extensive development and research. So that every single Guerlain treatment, throughout the world, may be an unforgettable experience.

## EXCLUSIVE TREATMENTS

Signed by Guerlain for St. Regis Doha

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ULTIMATE TECHNIQUES TO GLOW THE FACE AND RELAX THE BODY. UNIQUE MOVEMENTS FOR A MAGIC MOMENT.

### THE PEARL OF DOHA 60 MIN | 90 MIN

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Once upon a time, the pearls of Doha...

This facial treatment, developed exclusively for the St Regis, is inspired by the purity of the Gulf State Treasures : the iridescent pearls and their unique beige-rosé reflection, shaped by the power of winds and streams. Sweet as morning dew, the soothing ritual awakens, purifies, and smooths the skin for a radiant and perfect complexion.

### WAVE OF SAND EXPERIENCE 90 MIN

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Like a quest in the heart of the magnificent desert. Guerlain has imagined the unprecedented Wave of Sand experience, inspired by oriental rituals. Nestled in the warm Quartz sand tables, a feeling of deep relaxation envelops body & mind for a magical journey amidst the Guerlain Oud fragrance, from l'Art & la Matière collection.



LIGHT UP  
YOUR FACE

## THE ART OF TAILOR-MADE

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GUERLAIN HAS FINE-TUNED SOME UNIQUE TECHNIQUES  
TO PLUMP THE FACE AND SCULPT THE EYES.  
UNIQUE MOVEMENTS TO COMBAT THE EFFECTS OF TIME.

### TAILOR-MADE TREATMENT 60 MIN | 90 MIN | 2 HRS

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Guerlain tailor-made treatment is sustained by an approach that goes back more than 80 years... Infinite personalisation, an extraordinary, highly specialised experience: fine combinations of Guerlain products, innovative gestures, rituals derived from know-how of the greatest Eastern and Western masters... The treatment begins with a meeting, during which the Guerlain Beauty Expert discusses all subjects relating to wellness: including nutrition, physical activity, level of fatigue and stress. This exchange allows the Expert to design perfect pairings for the face and to meet specific needs rather than simply performing pre-established protocols.

### IMPERIAL FACE SCULPT 60 MIN

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The Imperial Face Sculpt treatment brings you all of Guerlain's facial expertise in one hour. This cutting-edge aesthetic sculpting massage restores firmness, glow and youth to the skin. With its deep muscular action, it shapes the facial contours, emphasizes the cheekbones, opens up the eyes and erases wrinkles. The facial foundations are deeply enhanced and natural glow is instantly restored. A revolutionary lifting effect to look younger for longer!

### FOCUS RITUALS 45 MIN

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Select an area of your choice to ease or pamper – the scalp, eye area or neck & décolleté. You will naturally succumb to this sublime, targeted massage.



## EXCEPTIONAL COMPLETE ANTI-AGEING

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THE SELECTION OF ORCHIDÉE IMPÉRIALE TREATMENTS CONTINUES TO EVOLVE YEAR AFTER YEAR, FOR ENHANCED PLEASURE AND EFFECTIVENESS.

### ULTIMATE BLACK ORCHID AGE REVERSE 60 MIN | 90 MIN

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4 OR 8 SESSIONS

The masterpiece of Guerlain treatment is a rare and precious luxury where the symbiosis of gestures and the power of Black Orchid work together to support the skin's self-preservation mechanisms. It is the ultimate talisman for preserving and prolonging youth, resulting in skin that glows with health and flawlessness.

### IMPERIAL AGE REVERSE 90 MIN

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Guerlain is inspired by the prodigious longevity of the orchid to create its most complete exceptional anti-aging treatment, with highly regenerating and redensifying powers. The skin regains its perfect qualities to the eye and to the touch, it is soft, velvety, and sublime.

## YOUTH REPAIRING POWER

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PROVIDING OUTSTANDING NATURAL HEALING PROPERTIES,  
BEE PRODUCTS INSPIRED GUERLAIN TO CREATE TARGETED  
TREATMENTS TO COMBAT THE SIGNS OF AGEING.

### ROYAL HONEY REPAIR & RENEW 90 MIN

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The Abeille Royale range offers all the healing benefits of bee products. By combining microdermabrasion with a purifying massage using warm plant-infused pouches, it intensely repairs the epidermis and illuminates the face. A true youth catalyst that acts on key skin reconstruction processes for a smoothing and firming effect.

### ROYAL HEAD RITUAL 30 MIN | 60 MIN

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This holistic massage deeply soothes the scalp, relieves muscular tension, and invites relaxation. A ritual imbued with serenity that repairs, protects, and sublimates the hair for a silky touch and infinite shine.



ENHANCE  
YOUR BODY

## INTENSE BODY ENHANCEMENT

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TREAT YOUR STRESSED AND WORN-OUT BODY TO A WELL-DESERVED BEAUTY BREAK. AN EXTRAORDINARY EXPERIENCE OF PLEASURE AND WELL-BEING.

### IMPERIAL BODY SCULPT 60 MIN | 90 MIN

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Imperial Body Sculpt is the new generation slimming massage: powerful, with immediate effect, it sculpts the silhouette and unclogs adipocytes. Deep and intense movements warm the hypodermis and stimulate lipolysis, which quickly promotes fat burning. This sequence of kneading, contrasted by a final drainage, soothes and balances the metabolism for long-lasting results. Expert strokes, combined with the effectiveness of Guerlain body products, sculpt the waist while refining the legs and hips. The body is naturally redesigned, the curves more harmonious.

### INTENSIVE BODY THERAPY 2 HRS

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Scrub, wrap, personalised massage... This treatment is an exceptional and sensual experience that deliciously enhances the body.

### BODY POLISH 60 MIN

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The skin is clear and refined, as soft as silk, with a surprisingly relaxing effect. The scrub is an invitation to well-being.

## SONO-SENSORY MASSAGE

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INITIATORY JOURNEY THROUGH GUERLAIN EMBLEMATIC  
DESTINATIONS, WHERE MASSAGE AND MUSIC ARE  
CO-BUILT FOR MAGNIFIED EMOTIONS AND SENSATIONS.

### SECRETS OF INDIA 60 MIN

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The Shalimar Legend is the inspiration of this unique massage to dive you in the heart of India. During this journey, the hands of the Guerlain Expert are intensively guided by the rhythm of music, especially developed for this experience. This artistic and musical composition is divided in four emotions: meditation, sensuality, joy, and the apogee of this adventure, energy. Secrets of India is the promise of a new aura, a body & mind rebirth.

## RELAXATION & ENERGY

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RELAX COMPLETELY OR BOOST YOUR ENERGY  
WITH THESE BODY MESSAGES INCORPORATING  
PRECISE AND BALANCED TECHNIQUES.

### DEEP MUSCULAR MASSAGE 60 MIN | 90 MIN

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This powerful ritual is based on five of the most effective ancestral methods in the world. It sculpts, strengthens and tones the muscles, releasing tension for deep relaxation.

### IMPERIAL RELAXING MASSAGE 60 MIN | 90 MIN

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Paying tribute to Eau de Cologne Impériale, this signature Guerlain massage arouses all the senses. It stimulates circulation, promotes oxygenation and brings about irresistible relaxation.

### 4-HAND IMPERIAL MASSAGE 60 MIN | 90 MIN

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This ballet of expert techniques, developed from the Imperial Relaxing massage, promises to deliver a wonderfully uplifting sensation of well-being. Let yourself go.

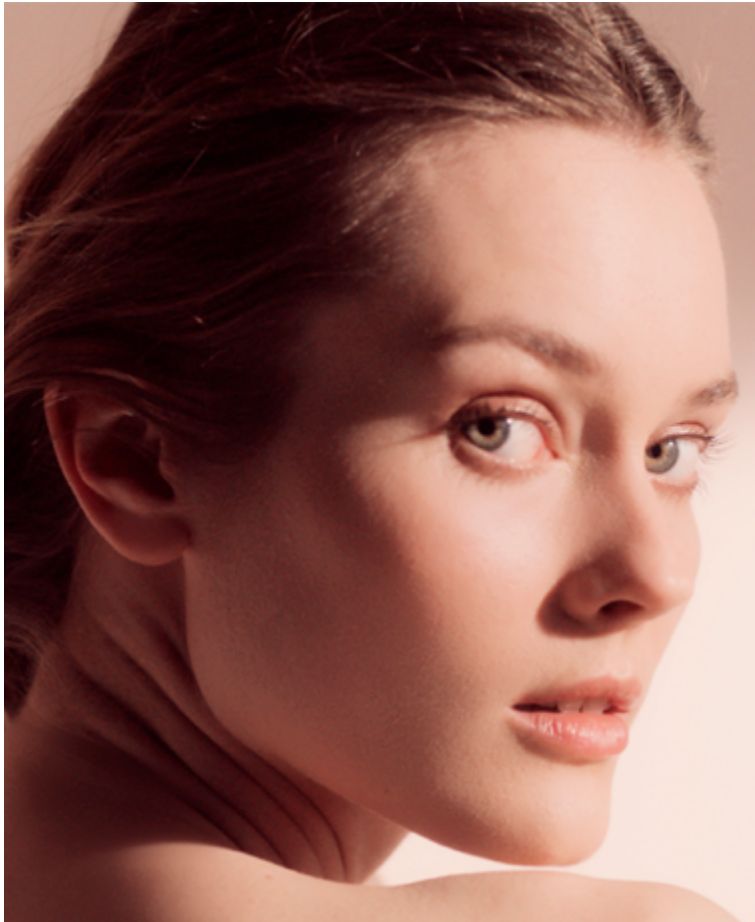
### BESPOKE BODY MASSAGE 90 MIN

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Indulge in your favourite massage; a treatment adapted perfectly to suit your desires, with the most precise gestures carried out by Guerlain Beauty Experts.

## ABSOLUTE HARMONY

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FOR PERFECT HARMONY IN THE BODY AND MIND,  
GUERLAIN PRESENTS THREE HOLISTIC RITUALS  
FOCUSED ON WELL-BEING.

### **GOLDEN HOT SPHERE MASSAGE** 60 MIN | 90 MIN

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Guerlain has conjured up an exclusive restorative treatment for St. Regis Doha that delivers a sensation of deep replenishment. Featuring golden hot spheres and expert sensory gestures, this revitalizing massage leaves the body feeling light and relieved of tensions.

### **POST NATAL MASSAGE** 60 MIN | 90 MIN

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Designed to improve the skin's elasticity and stimulate the circulation, this massage can be performed after the first trimester of pregnancy or when the baby is born.

### **THAÏ MASSAGE** 60 MIN | 90 MIN

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Energies are unlocked and aches and pains relieved thanks to the therapist's skillful movements. Long stretches and deep pressure harmonize body and mind.

UNIQUE  
EXPERIENCES





## THE ART OF MAKE-UP

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WHETHER SOPHISTICATED OR NATURAL, GUERLAIN CAN  
CREATE PERSONALISED MAKE-UP FOR EACH WOMAN,  
TO MAKE HER IRRESISTIBLY BEAUTIFUL...

### MAKE-UP APPLICATION 60 MIN

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Guerlain is the master of make-up from every angle. Whether it's for a special occasion or just to look perfectly irresistible every day, treat yourself to a make-up session where expertise and enjoyment are the order of the day.

### MAKE-UP LESSON 90 MIN

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Who doesn't dream of mastering the art of make-up? During this workshop, Guerlain lets you in on the most effective beauty secrets to enhance your face. Previously kept under wraps, they are now explained during a one-to-one workshop. Unmissable.

### BRIDAL MAKE-UP 2 HRS 30 MIN (60 MIN + 90 MIN)

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For the most wonderful day of your life, opt for tailored make-up in two stages. The first step to ideal bridal make-up is a series of trials by the Guerlain Beauty Experts during a pre-consultation, in order to have the perfect look on the big day. You'll be safe in the knowledge that you're in good hands.

## HAND & FOOT TREATMENTS

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THEY ARE ON THE FRONT LINE! THE FEET AND HANDS SUFFER DAMAGE ON A DAILY BASIS. DON'T NEGLECT THEM, TREAT THEM TO THE CARE THEY DESERVE.

### COMPLETE HAND OR FOOT TREATMENT 60 MIN

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Gentle scrub, repairing cuticle treatment, a moisturising massage for the hands or feet, a paraffin bath and nail polish application...

This treatment is perfect for those who want to look absolutely flawless, right down to the tips of their fingers.

### INTENSIVE HAND OR FOOT TREATMENT 90 MIN

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Pamper your hands or feet with this complete repairing treatment. A specific concentrate and a mask is applied to enhance your beauty. A delightful treatment that finishes with the application of a nail polish or a French Manicure.

### INTENSIVE HAND & FOOT TREATMENT 2 HRS

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Hands and feet are constantly in use and often neglected, yet require very special attention. Guerlain indulges them with the very best, a complete treatment to repair, soften and enhance... A wonderful gift.

## EXCEPTIONAL PAMPERING

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AN EXPERIENCE OF ABSOLUTE RELAXATION. TREAT YOURSELF TO A DAY OR HALF-DAY PROGRAM TO PAMPER YOUR BODY AND REPLENISH YOUR ENERGY, RADIANCE AND YOUTH.

### SCULPT YOUR FACE & BODY 2 HRS 45 MIN

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Imperial Face Sculpt (60 MIN)  
 Imperial Body Sculpt (60 MIN)  
 Focus Rituals (45 MIN)

### MOTHER'S PAMPERING 3 HRS 30 MIN

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Post Natal Massage (60 MIN)  
 Tailor-made Treatment (90 MIN)  
 Complete Feet Treatment (60 MIN)

### RESTORE YOUR NATURAL GLOW 3 HRS 30 MIN

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Tailor-made Treatment (90 MIN)  
 Body Massage (60 MIN)  
 Body Polish (60 MIN)

### BOOST YOUR ENERGY 3 HRS

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Deep Muscular Massage (90 MIN)  
 Royal Honey Repair & Renew Treatment (90 MIN)

## DUO TREATMENTS & WELLNESS RETREATS

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GO FURTHER IN ABSOLUTE RELAXATION. EXPERIENCE SHARING MOMENTS WITH YOUR LOVED ONES, OR FIND YOUR PERFECT TAILOR-MADE RETREAT!

### MOTHER & DAUGHTER 60 MIN | 90 MIN

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A perfect and quality mother-daughter time to experience the best of Guerlain treatments, just between girls.

### AMONG FRIENDS 60 MIN | 90 MIN

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Happiness shared is happiness multiplied. With the Among Friends journey, enjoy the benefits of shared harmony moments.

### ROMANTIC GETAWAY 60 MIN | 90 MIN

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What better way to live an exceptional relaxation sensation than sharing it with the love of your life? Let yourself dive into the softest and most romantic getaway...

## LIGHT UP YOUR FACE

### EXCLUSIVE TREATMENTS

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The Pearl Of Doha	60 min	680
	90 min	880
Wave Of Sand Experience	90 min	1560/person

### THE ART OF TAILOR-MADE

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Tailor-Made Treatment	60 min	600
	90 min	780
	120 min	1180
Imperial Face Sculpt	60 min	600
Focus Rituals	45 min	450

### EXCEPTIONAL COMPLETE ANTI-AGEING

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Ultimate Black Orchid Age Reverse	60 min	1090
	90 min	1450
Imperial Age Reverse	90 min	960

### YOUTH REPAIRING POWER

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Royal Honey Repair & Renew	90 min	960
Royal Head Ritual	30 min	360
	60 min	680

All prices are quoted in Qatari Riyals (QAR)

## ENHANCE YOUR BODY

### INTENSE BODY ENHANCEMENT

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Imperial Body Sculpt	60 min	600
	90 min	780
Intensive Body Therapy	120 min	1200
Body Polish	60 min	600

### SONO-SENSORY MESSAGES

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Secrets of India	60 min	600
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### RELAXATION & ENERGY

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Deep Muscular Massage	60 min	680
	90 min	880
Imperial Relaxing Massage	60 min	600
	90 min	780
4-Hand Imperial Massage	60 min	1200
	90 min	1560
Bespoke Body Massage	90 min	780

### ABSOLUTE HARMONY

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Golden Hot Sphere Massage	60 min	780
	90 min	880
Post Natal Massage	60 min	600
	90 min	780
Thai Massage	60 min	680
	90 min	880

All prices are quoted in Qatari Riyals (QAR)

## UNIQUE EXPERIENCES

### THE ART OF MAKE-UP

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Make-Up Application	60 min	600
Make-Up Lesson	90 min	450
Bridal Make-Up	2 hrs 30 min	1500

### HANDS & FOOT TREATMENTS

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Complete Hand or Foot Treatment	60 min	580
Intensive Hand or Foot Treatment	90 min	780
	120 min	1025

### EXCEPTIONAL PAMPERING

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Sculpt your Face & Body	2 hrs 45 min	1580
Mother's Pampering	3 hrs 30 min	1800
Restore your Natural Glow	3 hrs 30 min	1880
Boost your Energy	3 hrs	1680

All prices are quoted in Qatari Riyals (QAR)

### DUO TREATMENTS

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Mother & Daughter	60 min	1000
	90 min	1450
Among Friends	60 min	1000
	90 min	1450
Romantic Getaway	60 min	1000
	90 min	1450

All prices are quoted in Qatari Riyals (QAR)

# TERMS AND CONDITIONS OF SALE

## **YOUR CUSTOMISED SPA**

Transform a Guerlain Spa into your own exclusive setting for an afternoon of treatments with friends, or any other specific request. We are here to make your dreams come true. Don't hesitate to contact us for a customised offer.

## **GUERLAIN BEAUTY BREAKS**

Treat someone special to an unforgettable and luxurious experience with Guerlain Spa Beauty Breaks. Choose your gift from a wide selection of treatments and products by Guerlain.

## **GUERLAIN AESTHETIC MASSAGE**

The massages we offer are for beauty and aesthetic purposes. If you are looking for therapeutic massages, we recommend consulting a physician for advice.

## **TREATMENT DURATION**

For efficient planning, the duration times listed correspond to the treatment time inside the Spa. To make the most of your experience, we suggest you arrive 10 minutes before your scheduled appointment time.

## **PEACE OF MIND**

In order for you to experience your Spa visit with complete peace of mind, we have safes available in each of our treatment rooms for you to store your personal valuables.

## **A TRANQUIL SETTING**

Our Spa is a place to relax and unwind, so we kindly ask you turn off your mobile telephones in order to make the most of your experience and preserve the peaceful environment for other visitors.

## **BOOKINGS, CANCELLATIONS AND LATENESS**

In order for us to guarantee availability, we recommend that you make your appointment well in advance of your chosen date. If you are not able to attend, please cancel your appointment with at least 24 hours' notice. Otherwise, we will be obliged to charge you for the price of the treatment you had scheduled. Naturally, if we were in the unfortunate position of having to cancel your appointment with less than 24 hours' notice, we would compensate you for the amount of the treatment. If you are delayed, we will make every effort to offer you the treatment you have booked, if our schedule allows. However, if this is not possible, we will have to cut your treatment short and finish at the scheduled time.

## **GUERLAIN SPA DOHA**

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Open daily from 9:00 am to midnight

**GUERLAIN**  
PARIS