



wellness is an art

# & DARING

Guerlain opened its Institute and aesthetic training school in 1939. It has since trained all its Beauty Experts there, inspiring them to be ambassadors for Guerlain excellence. Throughout the world, these Experts carry out treatments requiring tremendous technical skills, such as the 19-minute facial treatment, which is considered as an industry standard. Spurred on by its pioneering and enterprising vision, Guerlain has been developing massage techniques that combine tradition and innovation for more than 80 years.

With its years of know-how and expertise, Guerlain ensures that every single treatment is an outstanding and personalised experience. Guerlain Beauty Experts perform Guerlain protocols with perfect skill, while being attentive to each individual. The diagnosis stage allows the Experts to adapt their movements and pressure to meet precise needs and expectations. For a unique and absolutely unforgettable experience...





effectiveness. This unique quest for perfection is echoed at every single Guerlain Spa. Inside each haven, complex rituals are performed

extensive development and research. So that every single Guerlain treatment, throughout the world, may be an unforgettable experience.

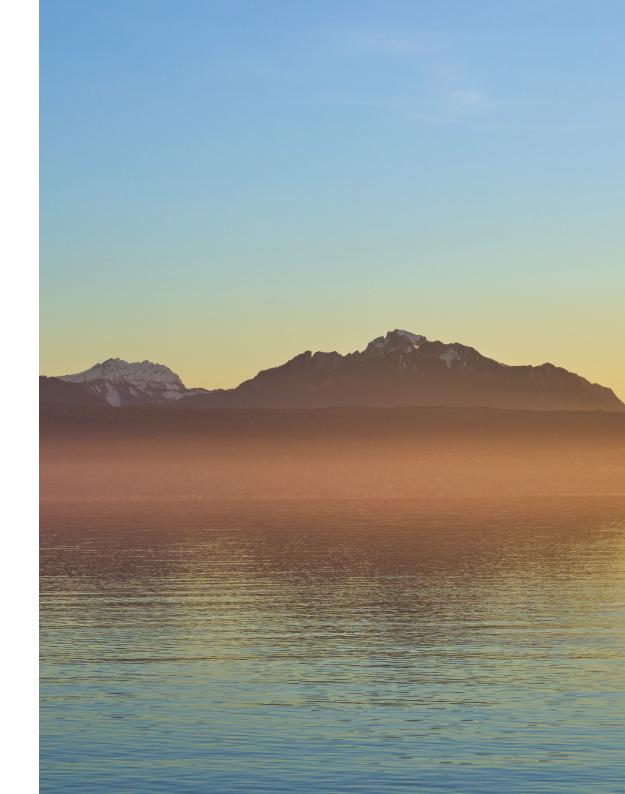
## **EXCLUSIVE TREATMENTS**

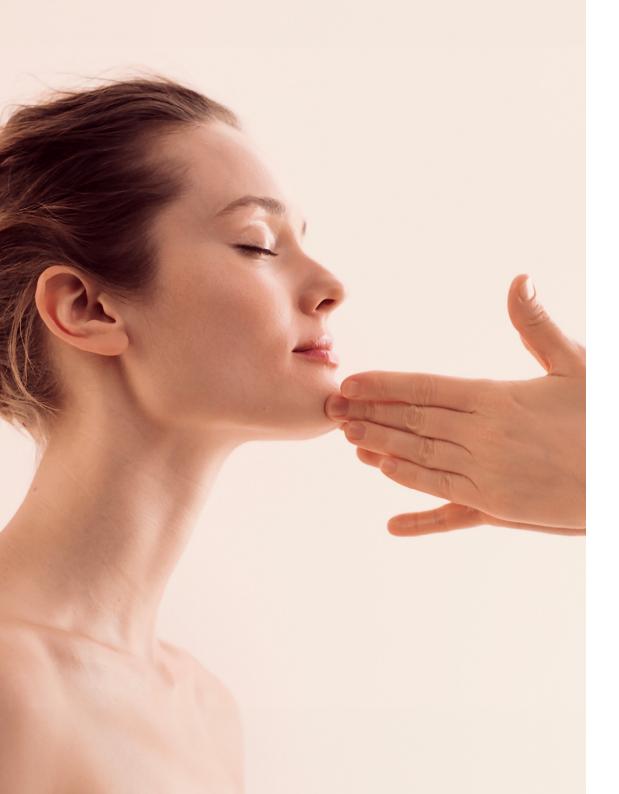
#### **RIVIERA GLOW** 1H30

A tribute to the Swiss Riviera and its endless beauty with this exclusive facial treatment. The action of microcrystals cleanses pores, detoxifies the skin, and enhances blood circulation for a smoother, fresh, and radiant complexion. Combined with light therapy, the effectiveness of the ultra-draining facial technique is multiplied, providing an immediate and extraordinary glow.

#### **BALLET ON LAKE GENEVA 2 HRS**

A tribute to the Béjart Ballet of Lausanne with this infinitely sensory and artistic face and body massage. The sequence of precise and rhythmic movements alternates between deep manual techniques and the gentle ballet of soft brushes. The body relaxes, all tensions dissipate, and the skin becomes soft, velvety, and soothed. A masterpiece of relaxation and enchantment.





## THE ART OF TAILOR-MADE

#### TAILOR-MADE TREATMENT 1H | 1H 30 | 2 HRS

A tailor-made facial treatment to create. Following a complete diagnosis, the Beauty Expert creates perfect blends to meet the needs of your face. Purifying, hydrating, re-densifying or regenerating, a treatment with infinite customization.

#### IMPERIAL FACE SCULPT 1H

PROGRAM OF 4 OR 8 SESSIONS

Thanks to meticulous facial and morphological diagnosis and a series of expert gestures, this high-tech sculpting massage brings firmness, radiance, and youthfulness to your skin. Its deep muscle work helps redefine the contours of the face, lift the cheekbones, open the eyes, and smooth out wrinkles. The power of the gesture at the service of your face for an impeccable lifting effect.

## ORCHIDEE IMPERIALE AGE REVERSE

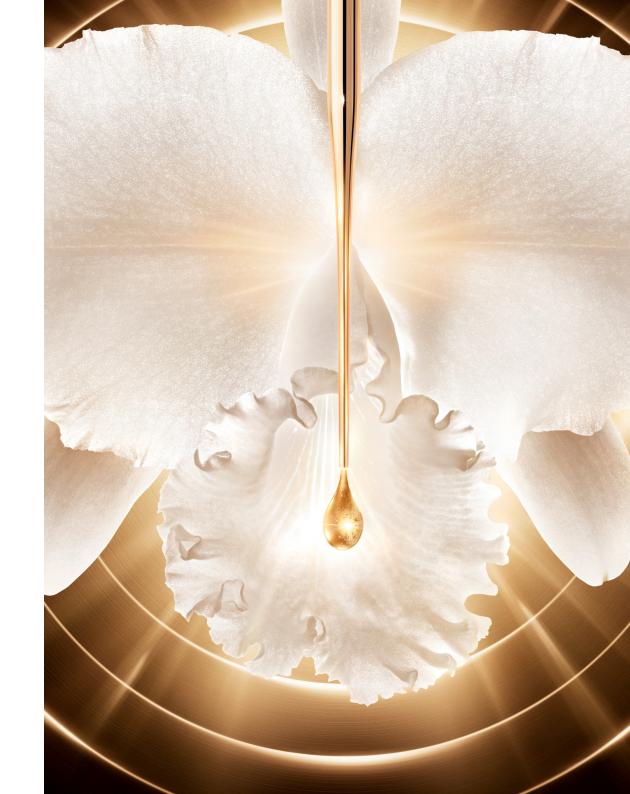
#### ULTIMATE BLACK ORCHID 1H|1H30

PROGRAM 4 OR 8 SESSIONS

The masterpiece of Guerlain treatment is a rare and precious luxury where the symbiosis of gestures and the power of Black Orchid work together to support the skins selfpreservation mechanisms. It is the ultimate talisman for preserving and prolonging youth, resulting in skin that glows with health and flawlessness.

#### **IMPERIAL LONGEVITY** 1H30

Guerlain is inspired by the prodigious longevity of the orchid to create its most complete exceptional anti-aging treatment, with highly regenerating and redensifying powers. The skin regains its perfect qualities to the eye and to the touch, it is soft, velvety, and sublime.





## YOUTH REPAIRING POWER

#### **ROYAL HONEY REPAIR & RENEW** 1H30

The Abeille Royale range offers all the healing benefits of bee products. By combining fine rice powder exfoliation with a purifying massage using warm plant-infused pouches, it intensely repairs and smooths the epidermis for a rested and luminous face. A true youth catalyst that acts on key skin reconstruction processes for a smoothing and firming effect.

#### **ROYAL HEAD RITUAL** 30 MIN | 1 H

This holistic massage deeply soothes the scalp, relieves muscular tension, and invites relaxation. A ritual imbued with serenity that repairs, protects, and sublimates the hair for a silky touch and infinite shine.

## INTENSE BODY ENHANCEMENT

#### IMPERIAL BODY SCULPT 1H 11H 30

PROGRAM OF 4 OR 8 SESSIONS

Powerful and immediately effective, this slimming treatment sculpts the silhouette, reduces cellulite, and drains toxins. The deep and intense motions of drainage and kneading stimulate the metabolism for lasting results. The body is naturally reshaped with more harmonious curves.

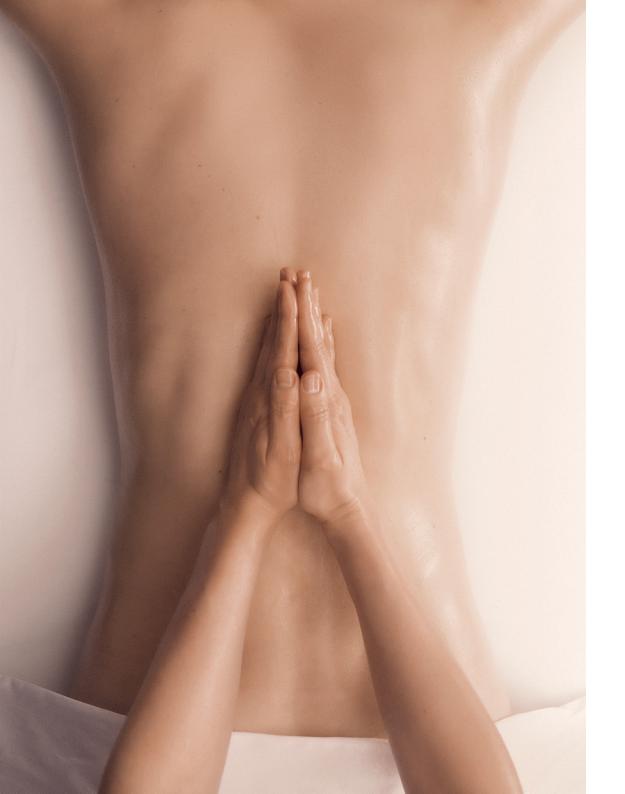
#### **INTENSIVE BODY THERAPY** 2 HRS

Scrub, wrap, personalised massage... This global treatment is a sensorial experience that deliciously enhances the body.

#### **BODY POLISH** 1H

The skin is clear and refined, as soft as silk... an invitation to well-being.





## **RELAXATION & ENERGY**

#### **DEEP MUSCULAR MASSAGE** 1H|1H30

This powerful ritual is based on five of the most effective ancestral methods in the world. It sculpts, strengthens and tones the muscles, releasing tension for deep relaxation.

#### **IMPERIAL RELAXING MASSAGE** 1H11H30

Paying tribute to Eau de Cologne Impériale, this signature Guerlain massage arouses all the senses. It stimulates circulation, promotes oxygenation and brings about irresistible relaxation.

#### BLISSFUL MUM 1H|1H30

Designed to improve the skin's elasticity and stimulate circulation, this massage can be performed after the first trimester of pregnancy or at the beginning of motherhood.

## **SYMPHONIC JOURNEY**

#### **ENERGY OF TIANZI** 1H

This voyage into the heart of the Tianzi tropical forest offers a unique awakening of the senses through a perfect harmony between the intensity of the movements and the melody. Between grounding, meditation, and elevation, this exploration of the motherland of Guerlain orchids soothes the mind and rebalances the body. This emotional journey, both vibrant and rejuvenating in essence, to be reborn with boundless energy.





## **ULTIMATE PERFECTION\***

#### **BODY POLISH** 30 MIN

This treatment is the perfect prelude to a massage, for invigorating, stimulating and refreshing effects.

#### FOCUS RITUALS 30 MIN

The skin is clear and refined, as soft as silk... an invitation to well-being.

#### MICRO PEEL EXPERT 30 MIN

Microdermabrasion exfoliates and heals the skin, enhancing its radiance. It becomes regenerated, radiant, and the skin texture is refined.

#### LED 30 MIN

This high-tech treatment emits a monochromatic light that acts on the process of skin repair. LED sessions are fully customizable for targeted results: anti-aging, purifying, draining...

\*AVAILABLE ONLY AS AN ADD-ON TO ANY OTHER TREATMENT OF 1-HOUR DURATION.

## THE ART OF MAKE-UP

#### MAKE-UP APPLICATION 1H|1H30

For a special occasion or simply to be perfect and irresistible every day, treat yourself to a makeup session that combines expertise and pleasure.

#### **BRIDAL MAKE-UP\***

For the most wonderful day of your life, opt for tailored make-up in two stages. Trials are made by the Guerlain Beauty Experts in order to have the perfect look on the big day.





## **HAND & FOOT TREATMENTS**

#### **COMPLETE HAND OR FOOT TREATMENT** 1H

A cuticle repair treatment, a moisturising hand or foot massage and a polish application... For absolute perfection right down to the tips of your nails.

#### **INTENSIVE HAND OR FOOT TREATMENT** 1H30

During this intensive repair treatment, hands and feet are pampered with a scrub, the application of a special concentrate, a paraffin bath and a polish application. A real pleasure break.

#### **INTENSIVE HAND & FOOT TREATMENT** 2 HRS

Hands and feet are constantly in use and often neglected yet require very special attention. Guerlain indulges them with the very best, a complete treatment to repair, soften and enhance...

## **EXCEPTIONAL PAMPERING**

#### **SCULPT YOUR FACE & BODY** 2 HRS 30 MIN

Imperial Face Sculpt (1H)
Imperial Body Sculpt (1H)
Focus Rituals (30 MIN)

#### **BOOST YOUR ENERGY** 3 HRS

Honey Repair & Renew treatment (1H30)

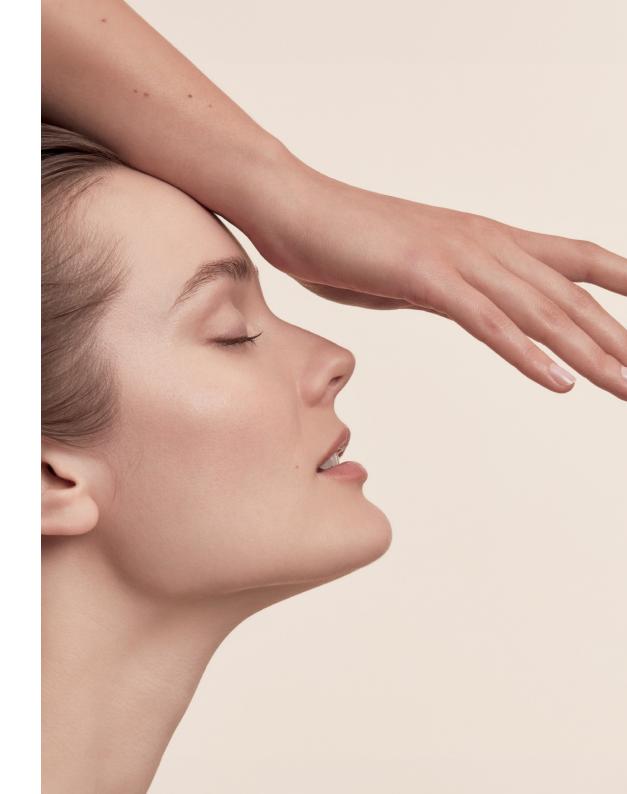
Deep Muscular Massage (1H30)

#### MOTHER'S PAMPERING 3 HRS 30 MIN

Tailor-made Treatment (1 H 30)
Blissful Mum (1 H)
Complete Feet Treatment (1 H)

#### SHINE WITH BEAUTY 4 HRS 30 MIN

Ballet on Lake Geneva (2 HRS) Riviera Glow (1 H 30) Body Polish (1 H)





## **DUO TREATMENTS**

#### FAMILY TIME 1H | 1 H 30

A perfect and quality family time to experience the best of Guerlain treatments.

#### AMONG FRIENDS 1H|1H30

To celebrate friendship, Guerlain creates a shared experience for friends, for memorable moments.

#### **ROMANTIC GETAWAY** 1H11H30

What better way to live an exceptional relaxation sensation than sharing it with the love of your life? Let yourself dive into the softest and most romantic getaway...

## **SPA SUITE**

#### SOIN

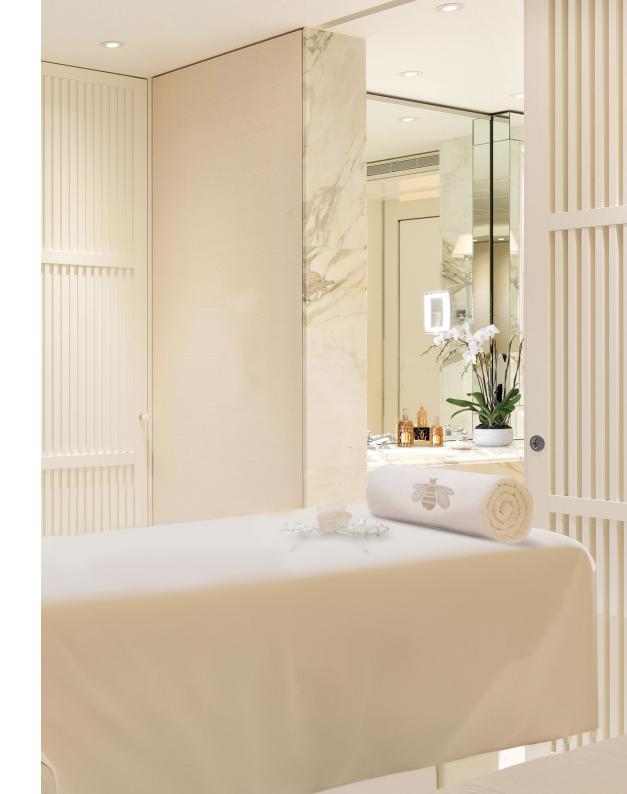
60 MIN PER PERSON FROM 2 NIGHTS

Designed for wellness breaks, the Spa Suite has a living room, a bedroom, and an enormous bathroom in rare marble that includes a treatment area. Located on the 6th floor, it offers stunning views of the lake and the Alps.

The Spa Suite is undoubtedly one of the most exclusive rooms in the Beau-Rivage Palace. The marble-clad bathroom features two massage tables, a whirlpool bath, and a hammam.

When you book this suite, the Guerlain spa comes to you! In the summer time, you'll enjoy its beautiful balcony with views of the lake and the Alps. In the winter, you can round off a day of pampering with an evening by the fireplace. The Spa Suite also features a luxurious FreshBed, which has been scientifically developed to provide a cool microclimate for a deep and restorative sleep.

Thanks to its ideal location, the sports facilities at the Beau-Rivage Palace offer you an unrivalled playground for taking care of your body. Our coaches will, upon request, be happy to create a tailor-made programme for you that feature a range of personalised exercises.





## **SPORT & MOVEMENT**

Equipped with the latest technology, the fitness room is bright and opens out onto our verdant grounds. For private lessons or sessions reserved for Beau-Rivage Palace guests, the studio is a cocoon featuring high-quality, relaxing finishings.

At the Beau-Rivage Palace, water is everywhere. The indoor and outdoor pools are generously sized. The magnificent summer beach is a total change of scenery, and the nearby lake is an invitation to take a stroll or a dip in the cold waters.

Discover all our activities:





## STUDIO COIFFURE

#### HAIRSTYLE

HAIRDRESSER OPEN DAILY BY APPOINTMENT

At the Beau-Rivage Palace, our hairdresser welcomes you to the intimacy of a bright studio in the Palace wing for an exclusive experience.

With stunning lake views and the comfort of a palatial room, our hairdressing studio is a private oasis all our clients enjoy.

- Women's blow-dry
- Women's cut and blow-dry
- Men's cut
- Colour
- Chignons





## TREATMENT SUBSCRIPTIONS

Our memberships give you privileged access to the Guerlain Spa at the Beau-Rivage Palace. By creating your account, you are guaranteed all the advantages reserved for our subscribers: preferential rates on treatments and products, as well as access to the spa's facilities to extend your treatment with a great moment of well-being.

There are two packages available, namely the:

#### **EXPERIENCE**

10% DISCOUNT

3 free entries

#### CÉLESTE

20% DISCOUNT

7 free entries re-subscription offer parking included

EXCLUSIVE TREATMENTS		
Riviera Glow	90 min	310,00 CHF
Ballet On Lake Geneva	120 min	400,00 CHF
THE ART OF TAILOR-MADE		
Tailor-Made Treatment	60 min	210,00 CHF
	90 min	310,00 CHF
	120 min	400,00 CHF
Imperial Face Sculpt	60 min	210,00 CHF
ORCHIDEE IMPERIALE AGE REVERSE		
Ultimate Black Orchid	60 min	350,00 CHF
	90 min	500,00 CHF
Imperial Longevity	90 min	310,00 CHF
YOUTH REPAIRING POWER		
Royal Honey Repair & Renew	90 min	310,00 CHF
Royal Head Ritual	30 min	110,00 CHF
	60 min	210,00 CHF
INTENSE BODY ENHANCEMENT		
Imperial Body Sculpt	60 min	210,00 CHF
	90 min	310,00 CHF
Intensive Body Therapy	120 min	400,00 CHF

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Deep Muscular Massage	60 min	210,00 CHF
	90 min	310,00 CHF
Imperial Relaxing Massage	60 min	210,00 CHF
	90 min	310,00 CHF
Blissful Mum	60 min	210,00 CHF
	90 min	310,00 CHF
SYMPHONIC JOURNEY		
Energy Of Tianzi	60 min	210,00 CHF
ULTIMATE PERFECTION		
Body Polish	30 min	110,00 CHF
Focus Rituals	30 min	110,00 CHF
Micro Peel Expert	30 min	110,00 CHF
Led	30 min	110,00 CHF
THE ART OF MAKE-UP		
Make-Up Application	60 min	250,00 CHF
	90 min	390,00 CHF
Bridal Make-Up	On demand	Н
HAND & FOOT TREATMENT		
Complete Hand Treatment	60 min	150,00 CHF
Complete Foot Treatment	60 min	150,00 CHF
Intensive Hand Treatment	90 min	230,00 CHF
Intensive Foot Treatment	90 min	230,00 CHF
Intensive Hand & Foot Treatment	120 min	290,00 CHF
	120 11111	270,00 0111
VAT included		

#### INTENSIVE TREATMENTS

Ultimate Black Orchid Program (4 sessions x 1 H 30)	360 min	1'840,00 CHF
Ultimate Black Orchid Program (8 sessions x 1 H 30)	720 min	3'680,00 CHF
Imperial Face Sculpt Program (4 sessions x 1 H)	240 min	780,00 CHF
Imperial Face Sculpt Program (8 sessions x1 H)	480 min	1'560,00 CHF
Imperial Body Sculpt Program (4 sessions x1 H)	240 min	780,00 CHF
Imperial Body Sculpt Program (8 sessions x1 H)	480 min	1'560,00 CHF

#### **EXCEPTIONAL PAMPERING**

SCULPT YOUR FACE & BODY	2 HRS 30 MIN	500,00 CHF
Imperial Face Sculpt	60 min	
Imperial Body Sculpt	60 min	
Focus Rituals	30 min	
BOOST YOUR ENERGY	3 HRS	590,00 CHF
Honey Repair & Renew	90 min	
Deep Muscular Massage	90 min	
MOTHER'S PAMPERING	3 HRS 30 MIN	650,00 CHF
Tailor-made Treatment	60 min	
Blissful Mum	90 min	
Complete Feet Treatment	60 min	
SHINE WITH BEAUTY	4 HRS 30 MIN	790,00 CHF
Ballet on Lake Geneva	120 min	
Riviera Glow	90 min	
Body Polish	60 min	

#### **DUO TREATMENTS**

Family Time	60 min	420,00 CHF
	90 min	620,00 CHF
Among Friends	60 min	420,00 CHF
	90 min	620,00 CHF
Romantic Getaway	60 min	420,00 CHF
	90 min	620,00 CHF
SPA SUITE		
1 night		Dès 4'500 CHF
STUDIO COIFFURE		
HAIRSTYLE		
Women's blow-dry		Dès 90,00 CHF
Women's cut and blow-dry		Dès 135,00 CHF
Men's cut		Dès 75,00 CHF
Colour		Dès 230,00 CHF
Chignons		Dès 250,00 CHF
TREATMENT SUBSCRIPTIONS		
Experience		1'990,00 CHF
Céleste		3'550,00 CHF

## TERMS AND CONDITIONS OF SALE

#### **HEALTH AND SAFETY**

A few hygiene and safety rules must be observed: All users are personally responsible for their own health and should consult a doctor before undertaking certain exercises or treatments. The management declines all responsibility in the event of loss or theft of objects inside the Spa. It is recommended that the sauna and hammam be used for the length of time specified. The management declines all responsibility in the event of an accident occurring in any of the Spa's water areas, including the pools which are not supervised.

It is forbidden to run in the Spa or to jump or dive into the pools. The use of any glass object and the bringing in of any type of food or drink is strictly forbidden around the pools, in the water areas, changing rooms, and treatment rooms. Smoking is prohibited in all indoor areas of the Spa. Pets are not allowed in the Spa or in the Restaurant Ö Terrasse. Access to the swimming pool is permitted on the sole condition of wearing a decent and appropriate swimming costume and Spa slippers.

#### LENGTH OF TREATMENT

To make it easier for you to plan, the times shown correspond to your treatment time at the Spa, including initial intake at the beginning of the treatment. To make the most of your experience, we welcome you 30 minutes before your appointment time.

#### **ENJOY PEACE OF MIND**

Every client has the use of an individual locker containing the necessary linens and accessories. To ensure the hygiene and safety of all clients, the lockers are emptied every evening. The management cannot be held liable for the disappearance of valuables left in the lockers or in other areas of the Spa. Clients may leave valuables with the Spa reception, where they will be kept in a safe.

#### A MOMENT OF TRANQUILITY

As our Spa is a place to relax and unwind, we would be grateful if you could switch off your mobile phones so that you can fully enjoy your experience and respect the peace and quiet of other guests.

## RESERVATIONS, CANCELLATIONS, AND DELAYS

In order to guarantee you get your preferred appointment time, we advise you to make your booking as far in advance as possible. If you are unable to attend, we would be grateful if you would cancel your appointment at least 24 hours in advance. If you fail to do so, we will be obliged to charge you the price of the treatment you have booked. Any delay will not generate any additional time for the treatment.

#### SPA ACCESS

For clientele not staying at the hotel, access to the Spa is subject to the prior booking of a body or facial treatment worth minimum CHF 210, and will allow you to enjoy the Sauna, Hammam, and the refreshing experiences. Additional access to the swimming pools, jacuzzi, and fitness room is subject to availability for an additional fee of CHF 50.

#### SPA GUERLAIN BEAU-RIVAGE PALACE

Chemin du Beau-Rivage 21 - 1006 Lausanne
T.+41 21 613 33 67
spa@brp.ch
Open every day from 06:30 to 22:00.
Treatments available from 09:00 to 20:00.

