



**GUERLAIN**  
SPA

*One&Only*

AESTHESIS

*Athens*

ENTER A WORLD OF ABSOLUTE  
BEAUTY AND WELLBEING

# WELLNESS IS AN ART

At Guerlain Spa, beyond being an art, wellness is a true science. Discover an ultra-personalised approach where customisation is elevated to an art form, cutting-edge aesthetic expertise is embedded in science, and multisensoriality promises total wellbeing for the body, mind and soul.



# KNOW-HOW & DARING

Guerlain opened its Institute and aesthetic training school in 1939. It has since trained all its Beauty Experts there, inspiring them to be ambassadors for Guerlain excellence. Throughout the world, these Beauty Experts perform treatments that require tremendous technical skill, such as the 19-minute facial, which is considered as an industry standard. Spurred on by its pioneering and enterprising vision, Guerlain has been developing massage techniques that combine tradition and innovation for more than 80 years.

With its years of know-how and expertise, Guerlain ensures that every single treatment is an outstanding and personalised experience. Guerlain Beauty Experts perform Guerlain protocols with perfect skill, while being attentive to each individual. The diagnosis stage allows the Beauty Experts to adapt their movements and pressure to meet the precise needs and expectations of their client for a unique and absolutely unforgettable experience.



AN INDIVIDUAL APPROACH  
FOR INSTANTLY VISIBLE AND  
LASTING RESULTS



AWAKEN  
**THE SENSES**

|  
A MULTISENSORY EXPERIENCE  
WHERE PLEASURE MEETS  
EFFECTIVENESS  
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From rare orchids with outstanding longevity properties to the healing products of bees, Guerlain has always been inspired by nature, respectfully drawing on its sensoriality and effectiveness. This unique quest for perfection is echoed at every single Guerlain Spa. Inside each haven, complex rituals are performed to the most exacting standards, the result of extensive development and research. So that every single Guerlain treatment throughout the world may be an exceptional experience.



LIGHT UP  
YOUR FACE

## EXCLUSIVE TREATMENTS

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INSPIRED BY THE UNIQUE ESSENCE OF ATHENS,  
GUERLAIN HAS DRAWN ON A WEALTH OF EXPERTISE TO  
CREATE A RANGE OF EXCLUSIVE EXPERIENCES THAT  
OFFER TRUE REGENERATION OF BODY AND MIND

### **NYMPH OF THE ATHENIAN RIVIERA** 120 MIN

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This multisensory ritual exalts beauty and femininity. The treatment includes a footbath with delicate flowers, a scalp and body massage performed with rose quartz stones, and the exquisite and tender scent of Rose Cherie. This irresistible experience brings out the inner nymph within every woman.

### **LEGENDARY STRENGTH** 90 MIN

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An intense body and back experience crafted especially for Guerlain Spa at One&Only Aesthesis, the Legendary Strength massage is expertly performed with hot glass spheres filled with aromatic oils to improve the musculature, enhance the overall posture, and boost your mind power.

## THE ART OF TAILOR-MADE

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GUERLAIN HAS FINE TUNED ITS CUTTING-EDGE TECHNIQUES TO PLUMP THE FACE AND SCULPT THE EYES, USING UNIQUE MOVEMENTS TO COMBAT THE EFFECTS OF TIME

### **TAILOR-MADE TREATMENT** 60 MIN • 90 MIN • 120 MIN

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Let us craft a tailor-made facial treatment specifically for you. Following a complete diagnosis, the Beauty Expert creates perfect blends to meet the needs of your face. From purifying to hydrating, re-densifying or regenerating, discover a treatment with infinite customisation.

### **IMPERIAL FACE SCULPT** 60 MIN PROGRAM OF 4 OR 8 SESSIONS

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Thanks to meticulous facial and morphological diagnosis and a series of expert gestures, this high-tech sculpting aesthetic massage brings firmness, radiance, and youthfulness to your skin. Its deep muscle work helps redefine the contours of the face, lift the cheekbones, open the eyes, and smooth out wrinkles for an impeccable sculpting effect.

### **FOCUS RITUALS** 30 MIN

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To enhance your Guerlain Spa beauty ritual, select an area of your choice to soothe or pamper with additional focus, including the scalp, eye area or neck and décolleté. You will naturally succumb to this sublime, targeted massage as your Beauty Expert pays undivided attention to any areas of concern.



## ORCHIDÉE IMPÉRIALE AGE REVERSE

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THE SELECTION OF ORCHIDÉE IMPÉRIALE TREATMENTS  
CONTINUES TO EVOLVE YEAR AFTER YEAR, FOR  
ENHANCED PAMPERING AND EFFECTIVENESS

### **ULTIMATE BLACK ORCHID AGE REVERSE** 90 MIN PROGRAM OF 4 OR 8 SESSIONS

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The masterpiece of Guerlain treatments is a rare and precious luxury where the symbiosis of gestures and the power of the rare Black Orchid work together to support the skin's self-preservation mechanisms. It is the ultimate talisman for preserving and prolonging youth, resulting in skin that glows with health and flawlessness.

### **IMPERIAL AGE REVERSE** 90 MIN

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Guerlain is inspired by the prodigious longevity of the orchid to create its most complete exceptional anti-aging treatment, with highly regenerating and redensifying powers. The skin regains its perfect qualities to the eye and to the touch, it is soft, velvety, and sublime.

## YOUTH REPAIRING POWER

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THE OUTSTANDING NATURAL HEALING PROPERTIES  
OF BEE PRODUCTS INSPIRED GUERLAIN TO CREATE  
TARGETED TREATMENTS THAT COMBAT THE SIGNS OF  
AGEING

### ROYAL HONEY REPAIR & RENEW TREATMENT 90 MIN

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The Abeille Royale range offers all the healing benefits of bee products. By combining intense exfoliation with a purifying massage using warm plant-infused pouches, it intensely repairs and smooths the epidermis for a rested and luminous face. A true youth catalyst that acts on key skin reconstruction processes for a smoothing and firming effect.



ENHANCE  
YOUR BODY

## INTENSE BODY ENHANCEMENT

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TREAT YOUR TIRED AND STRESSED BODY TO A  
WELL-DESERVED BEAUTY BREAK WITH AN  
EXTRAORDINARY EXPERIENCE OF PAMPERING  
AND WELLBEING

### **IMPERIAL BODY SCULPT** 60 MIN • 90 MIN PROGRAM OF 4 OR 8 SESSIONS

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Powerful and immediately effective, this slimming treatment sculpts the silhouette, reduces cellulite, and eliminates toxins. The deep and intense motions of drainage and kneading stimulate the metabolism for lasting results, naturally reshaping the body to create harmonious curves.

### **INTENSIVE BODY THERAPY** 120 MIN

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Pamper your body from top to toe with a trio of intensive body treatments. Enjoy the exfoliating effects of a customised scrub, followed by a soothing wrap and a personalised massage. This treatment is an exceptional and sensual experience that deliciously enhances the body.

### **BODY POLISH** 60 MIN

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Let us reveal fresher, brighter skin with a targeted body polish. Following this tailored exfoliation, the skin is clear and refined, with a texture that's as soft as silk. Expertly performed with a surprisingly relaxing effect, this scrub is an invitation to revitalising wellbeing.

## SONO-SENSORY MASSAGE

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THIS MULTISENSORY JOURNEY TAKES YOU TO  
GUERLAIN'S EMBLEMATIC DESTINATION, WHERE  
MASSAGE AND MUSIC ARE COMBINED TO MAGNIFY  
EMOTIONS AND SENSATIONS

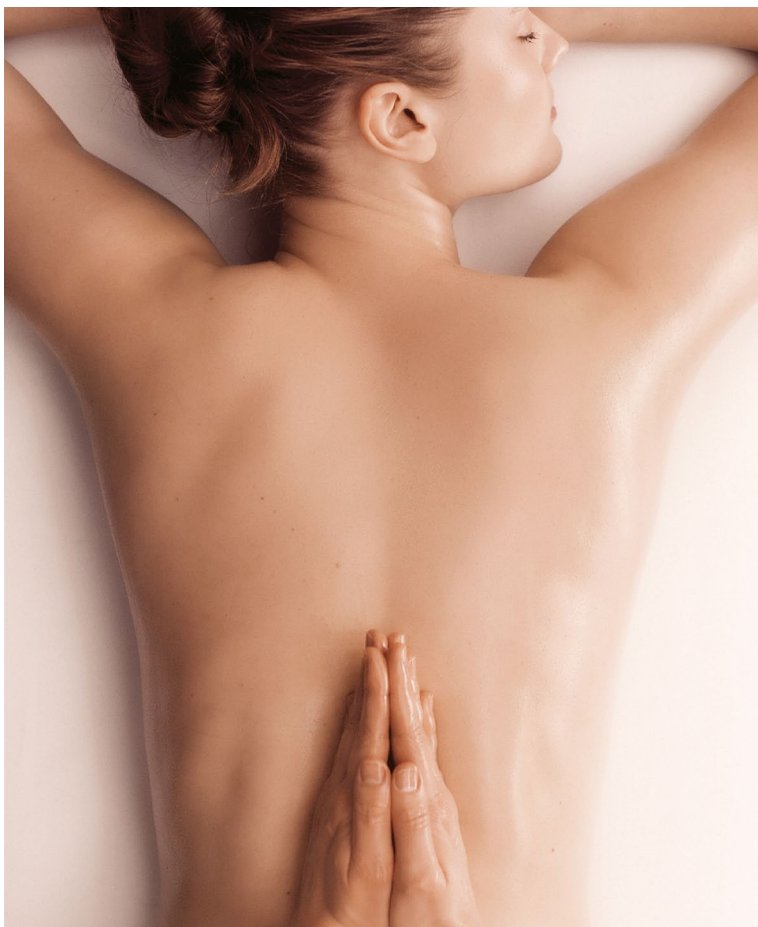
### ENERGY OF TIANZI 60 MIN

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This voyage into the heart of the Tianzi tropical forest offers a unique awakening of the senses through a perfect harmony between the intensity of the movements and the soulful melody. Offering a sensation that combines grounding, meditation, and elevation, this exploration of the motherland of Guerlain orchids soothes the mind and rebalances the body. It's an emotional adventure that is both vibrant and regenerative in essence, allowing you to be reborn with boundless energy.

## RELAXATION & ENERGY

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UNWIND COMPLETELY OR BOOST YOUR ENERGY WITH THESE BODY MESSAGES THAT INCORPORATE PRECISE AND BALANCED TECHNIQUES

### **DEEP MUSCULAR MASSAGE** 60 MIN • 90 MIN

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This powerful ritual is based on five of the most effective ancestral methods in the world. It sculpts, strengthens and tones the muscles, releasing tension for deep relaxation.

### **IMPERIAL RELAXING MASSAGE** 60 MIN • 90 MIN

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Paying tribute to Eau de Cologne Impériale, this signature Guerlain massage arouses all the senses, stimulating circulation, promoting oxygenation and encouraging irresistible relaxation.

### **BLISSFUL MUM** 60 MIN • 90 MIN

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Designed to improve the skin's elasticity and stimulate circulation, this blissful massage dedicated to mothers can be performed after the first trimester of pregnancy or once the baby is born.

UNIQUE  
EXPERIENCES



## BEAUTY STUDIO

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BECOME THE BEST VERSION OF YOURSELF THANKS TO  
EXTRAORDINARY METAMORPHOSIS EXPERIENCES

### **GLAMOUR EXPERIENCE\*** 90 MIN

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Embrace a completely new look in record time, as up to three Beauty Experts work together to perform simultaneous treatments including manicure, pedicure, facial, body treatment, hairdressing and make-up. This fairytale pampering experience is perfect before milestone events, such as professional meetings, parties or weddings.

### **ROYAL RENEWAL\*** 90 MIN

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Two Beauty Experts perform a complete transformation from head to toe, using the Abeille Royal collection. This holistic ritual combines a body scrub, scalp massage, facial, body massage, manicure and pedicure to create a soothing, repairing and sensorial experience that will leave you feeling completely renewed.

\* Duration, number of experts and options can be adapted to your needs.



## EXCEPTIONAL PAMPERING

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AN EXPERIENCE OF ABSOLUTE RELAXATION, TREAT YOURSELF TO A DAY OR HALF-DAY PROGRAM THAT PAMPERS YOUR BODY AND REPLENISHES YOUR ENERGY, RADIANCE AND YOUTH

### SCULPT YOUR FACE & BODY 2 HRS 30 MIN

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Imperial Face Sculpt (60 MIN)  
 Imperial Body Sculpt (60 MIN)  
 Focus Rituals (30 MIN)

### BOOST YOUR ENERGY 3 HRS

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Tailor-made Treatment (90 MIN)  
 Legendary Strength (90 MIN)

### MOTHER'S PAMPERING 3 HRS 30 MIN

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Blissful Mum (60 MIN)  
 Tailor-made Treatment (90 MIN)  
 Complete Feet Treatment (60 MIN)

### RESTORE YOUR NATURAL GLOW 3 HRS 30 MIN

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Royal Repair & Renew (90 MIN)  
 Imperial Relaxing Massage (60 MIN)  
 Body Polish (60 MIN)

## DUO TREATMENTS

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GO FURTHER INTO ABSOLUTE RELAXATION AS YOU SHARE EXCEPTIONAL TREATMENTS WITH YOUR LOVED ONES OR BOOK THE PERFECT TAILOR-MADE RETREAT

### **FAMILY TIME** 90 MIN

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Embrace cherished time together as you share a tailored experience crafted especially for families to enjoy the finest of Guerlain treatments.

### **ROMANTIC GETAWAY** 90 MIN

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Reconnect with your loved one with a romantic treatment for two, inviting you to sink into a state of exceptional relaxation with an exquisite couple's retreat.

## THE ART OF MAKE-UP

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FROM A NATURAL GLOW TO A GLAMOROUS LOOK, LET  
GUERLAIN'S BEAUTY EXPERTS PERSONALISE YOUR  
MAKE-UP EXPERIENCE TO ENHANCE YOUR INNATE  
BEAUTY

### MAKE-UP APPLICATION 60 MIN

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Guerlain is the master of make-up from every angle. Whether it's for a special occasion or just to look perfectly irresistible every day, treat yourself to a make-up session where expertise and enjoyment are the order of the day.

### MAKE-UP LESSON 90 MIN

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Who doesn't dream of mastering the art of make-up? During this private workshop, Guerlain lets you in on the most effective beauty secrets to enhance your face. Previously kept under wraps, they are now explained during an exclusive one-to-one workshop.

### BRIDAL MAKE-UP 2 HRS 30 MIN (60 MIN + 90 MIN)

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For the most important day of your life, opt for tailored make-up in two stages. The first step to flawless bridal make-up is a trial by the Guerlain Beauty Experts, who'll perform a pre-wedding consultation to ensure you have the perfect look for your big day. You'll be confident in the knowledge that you're in good hands.

## TREATMENTS FOR MEN

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LET GO OF STRESS AND STRAIN AND TAKE SOME TIME  
OUT TO CARE FOR YOUR SKIN, BODY AND MIND

### **SKIN SAVER FACIAL** 90 MIN

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This treatment includes a scrub, exclusive face massage, mask and eye contour treatment to restore radiance and comfort to the face.

### **ENERGISING FACIAL** 60 MIN

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The skin regains its freshness and purity thanks to a tailored scrub, massage, mask, and eye contour, expertly adapted to each skin type.

### **MUSCULAR ENERGY** 60 MIN • 90 MIN

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This aesthetic massage stretches the muscles, leaving them soothed and more supple while improving blood circulation and balancing the body and mind.

All of Guerlain Spa's treatments are available and customisable for men.

## KIDS EXPERIENCES

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GUERLAIN ENCHANTS CHILDREN BY CREATING  
MAGICAL, FUN WORKSHOPS FOR TREASURED  
WELLBEING RITUALS

### **SWEET SECRETS OF THE BEE** 45 MIN

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A symbol of Guerlain, the bee invites children to explore its kingdom with soothing massages for the scalp, hands and feet. A discovery of the benefits of honey and its role in nature, the Sweet Secrets of the Bee treatment promises gentle pampering and an indulgent, fun experience.

### **MADMOISELLE GUERLAIN** 45 MIN

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Be as beautiful as mum as you experiment with colours, apply pretty make-up, and learn about the Guerlain Art of Perfume. Designed specifically for little ones, this is the perfect opportunity to play princess in front of the mirror.

### **INITIATION TO RELAXATION** 60 MIN

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The ideal wellness workshop to gently introduce kids to the art of relaxation, this playful approach encourages children to explore breathing techniques, balance, and their emotions to become a real mini yogi.

# BASTIEN

## INTRODUCTION

Bastien Gonzalez is internationally renowned for his unique approach to foot treatments. Drawing on his professional expertise and experience as a French Chiropodist, he has designed exclusive treatments for the feet, nails, and hands, whose uniqueness lies in the fusion of health, wellbeing, and beauty. Bastien selects and trains every member of his team to his treatment protocols and standards, ensuring the excellence of his savoir faire all over the world.



## EXPERT RITUALS

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EMBRACE THE ART OF HAND AND FEET TREATMENT WITH BASTIEN GONZALEZ'S SIGNATURE MANICURES, PEDICURES, AND PAMPERING BEAUTY RITUALS

### **BASTIEN'S DUO** 75 MIN

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This synchronised four-hands treatment focuses on your feet, legs, hands, and arms for the ultimate in manicure and pedicure luxury with total relaxation.

### **BASTIEN'S PEDICURE** 60 MIN

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This pampering pedicure includes a nail treatment with gentle buffing to restore the beauty of the nails for a healthy natural shine, followed by a skin treatment to eliminate hard skin and dryness. It is completed with a genuine massage from the toes up to the knees, relieving any muscle tension and heaviness.

### **BASTIEN'S MANICURE** 45 MIN

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An exceptional manicure in three steps: a nail treatment, including a natural beauty finish to the nail; followed by a meticulous cuticle treatment to remove dryness; and a thorough massage of the forearms, wrists, hands, and fingers.

### **NAIL BRIGHTNESS** 45 MIN

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A foot treatment focusing on the beauty of nails, cuticles, and light smoothing of the skin dryness. Nails are reshaped and buffed with chamois leather and a pearly buffing cream resulting in healthy, shiny, and naturally beautiful nails. It ends with a relaxing foot massage.

## SPECIAL TOUCH

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ENHANCE YOUR BASTIEN GONZALEZ EXPERIENCE WITH A RANGE OF EXCEPTIONAL RITUALS DEDICATED TO THE HANDS AND FEET

### FOOT 'REFOUNDATION' MASSAGE 35 MIN

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This specialised foot massage treatment is designed for the total wellbeing of the feet and legs. Ideal for heavy and tired legs after flights, this truly relaxing massage is performed from the toes up to the knee, focusing on muscle tension, joint mobility, blood circulation, skin elasticity and the swollen soles of your feet.

### GLOBAL MASSAGE 'REFOUNDATION' 35 MIN

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A foot treatment focusing on the beauty of nails, cuticles, this foot and hand massage completely soothes and calms from the toes up to the knee, and from the fingers up to the elbow. A synchronisation of four hands, this expert massage creates a light sensation throughout the whole body, relieving the legs and arms of any muscle tension and heaviness.

### PARAFFIN TOUCH 20 MIN

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Intensify any Bastien Gonzalez treatment by adding the paraffin touch. The warmth of this silky wax will aid the penetration of applied moisturisers into the skin for deeper hydration. It will also enhance relaxation and ease tension in the joints and muscles.

### BLACK DIAMOND SCRUB TOUCH 10 MIN

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Elevate your Bastien Pedicure or Bastien Manicure by adding the Black Diamond Scrub Touch. This mineral foaming scrub encourages a vigorous natural exfoliation, aiding in the removal of dead skin cells and leaving it silky smooth.



## LIGHT UP YOUR FACE

### THE ART OF TAILOR-MADE

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Tailor-made Treatment	60 min	240 €
	90 min	320 €
	120 min	420 €
Imperial Face Sculpt	60 min	280 €
Imperial Face Sculpt Program	4x 60 min	730 €
	8x 60 min	1460 €
Focus Rituals	30 min	100 €

### ORCHIDÉE IMPÉRIALE AGE REVERSE

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Ultimate Black Orchid Age Reverse Treatment	90 min	520 €
Ultimate Black Orchid Age Reverse Program	4x 90 min	1550 €
	10x 90 min	3100 €
Imperial Age Reverse Treatment	90 min	340 €

### YOUTH REPAIRING POWER

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Royal Honey Repair & Renew Treatment	90 min	280 €
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## ENHANCE YOUR BODY

### EXCLUSIVE TREATMENTS

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Nymph of the Athenian Riviera	120 min	380 €
Legendary Strength	90 min	280 €

## INTENSE BODY ENHANCEMENT

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Imperial Body Sculpt	60 min	220 €
	90 min	320 €
Imperial Body Sculpt Program	4x 60 min	680 €
	8x 60 min	1360 €
Intensive Body Therapy	120 min	360 €
Body Polish	60 min	190 €

### SONO-SENSORY MASSAGE

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Energy of Tianzi	60 min	220 €
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### RELAXATION & ENERGY

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Deep Muscular Massage	60 min	220 €
	90 min	320 €
Imperial Relaxing Massage	60 min	220 €
	90 min	320 €
Blissful Mum	60 min	220 €
	90 min	320 €

## UNIQUE EXPERIENCES

### TREATMENTS FOR MEN

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Skin Saver Facial	90 min	300 €
Energising Facial	60 min	240 €
Muscular Energy	60 min	220 €
	90 min	320 €

## EXCEPTIONAL PAMPERING

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Sculpt Your Face & Body	2hrs 45 min	570 €
Mother's Pampering	3hrs 30 min	670 €
Restore Your Natural Glow	3hrs 30 min	600 €
Boost Your Energy	180 min	600 €

## BEAUTY STUDIO

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Glamour Experience	90 min	580 €
Royal Renewal	90 min	440 €

## DUO TREATMENTS

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Family Time	90 min	600 €
Romantic Getaway	90 min	600 €

## THE ART OF MAKE-UP

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Make-up Application	60 min	190 €
Make-up Lesson	90 min	255 €
Bridal Make-up	60 min + 90 min	440 €

## KIDS EXPERIENCES

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Sweets Secrets of the Bee	45 min	110 €
Mademoiselle Guerlain	45 min	110 €
Initiation of Relaxation	60 min	130 €

## BASTIEN TREATMENTS

### HANDS & FOOT TREATMENTS

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Bastien's Duo	75 min	260 €
Bastien's Pedicure	60 min	170 €
Bastien's Manicure	45 min	130 €
Nail Brightness	45 min	110 €
Foot 'Refoundation' Massage	35 min	80 €
Global Massage 'Refoundation'	35 min	100 €

### SPECIAL TOUCH

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Paraffin Touch	20 min	40 €
Black Diamond Scrub Touch	10 min	30 €

## BEAUTY

### WAXING

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Upper Lip / Under Arm / Eyebrows (maintenance)	15 min	50 €
Eyebrows (shaping) / Half-Leg / Half-Arm	30 min	75 €
Full Arm / Chest / Back	30 min	105 €
Full Leg	45 min	110 €
Bikini	15 min	55 €
Brazilian	30 min	85 €

\* A customised quote will be created -made quotation according to chosen options (number of experts, duration...)

# TERMS & CONDITIONS

## **YOUR CUSTOMISED SPA**

Transform Guerlain Spa into your own exclusive setting for an afternoon of treatments with friends or an indulgent event. To bring your pampering dreams to life, contact us for a customised program.

## **GUERLAIN BEAUTY BREAKS**

Treat someone special to an unforgettable and luxurious experience with Guerlain Spa Beauty Breaks. Choose your gift from a wide selection of treatments and products by Guerlain.

## **GUERLAIN AESTHETIC MASSAGE**

The massages we offer are for beauty and aesthetic purposes. If you are looking for therapeutic massages, we recommend consulting a physician for advice.

## **TREATMENT DURATION**

For efficient planning, the duration times listed correspond to the treatment time inside the Spa. To make the most of your experience, we suggest you arrive 10 minutes before your scheduled appointment time.

## **PEACE OF MIND**

In order for you to experience your Spa visit with complete peace of mind, we have safes available in each of our treatment rooms for you to store your personal valuables.

## **A TRANQUIL SETTING**

Our Spa is a place to relax and unwind, so we kindly ask you to turn off your mobile telephones in order to make the most of your experience and preserve the peaceful environment for other visitors.

## **BOOKINGS, CANCELLATIONS AND LATENESS**

In order for us to guarantee availability, we recommend you make your appointment well in advance of your chosen date. If you are not able to attend, please cancel your appointment with at least 24 hours' notice. Otherwise, we will be obliged to charge you for the price of the scheduled treatment. If we were in the unfortunate position of having to cancel your appointment with less than 24 hours' notice, we will compensate you for the amount of the treatment. If you are delayed, we will make every effort to offer you the treatment you have booked, if our schedule allows. However, if this is not possible, we will have to cut your treatment short and finish at the scheduled time.

## **GUERLAIN SPA**

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Opening Hours:

Fitness Centre open 24 hours

Fitness Classes from 7am to 8pm daily

Spa from 9am to 8pm daily

**GUERLAIN**  
PARIS