



GUERLAIN
SPA

ENTER A WORLD
OF ABSOLUTE BEAUTY
AND WELL-BEING



ULTIMATE
SCIENCE OF
WELLNESS



KNOW-HOW & DARING

Guerlain opened its Institute and aesthetic training school in 1939. It has since trained all its Beauty Experts there, inspiring them to be ambassadors of Guerlain excellence. Throughout the world, these Experts carry out treatments requiring tremendous technical skills, such as the 19-minute facial treatment, which is considered as an industry standard. Spurred on by its pioneering and enterprising vision, Guerlain has been developing massage techniques that combine tradition and innovation for the past 80 years.

With its years of know-how and expertise, Guerlain ensures that every single treatment is an outstanding and personalised experience. Guerlain Beauty Experts perform Guerlain protocols with perfect skill, while being attentive to each individual. The diagnosis stage allows the Experts to adapt their movements and pressure to meet precise needs and expectations. For a unique and absolutely unforgettable experience...




|
AN INDIVIDUAL APPROACH
FOR INSTANTLY VISIBLE AND
LASTING RESULTS
|

AWAKENING THE SENSES

Inside an intimate cocoon, soothed by relaxing music, the senses are aroused and the mind is calmed. Before each treatment, Guerlain Beauty Experts ask each guest to choose their own olfactory theme to create an atmosphere of relaxation and serenity. This theme helps to encourage gentle relaxation and to ensure that the journey to well-being is enjoyed to the full.

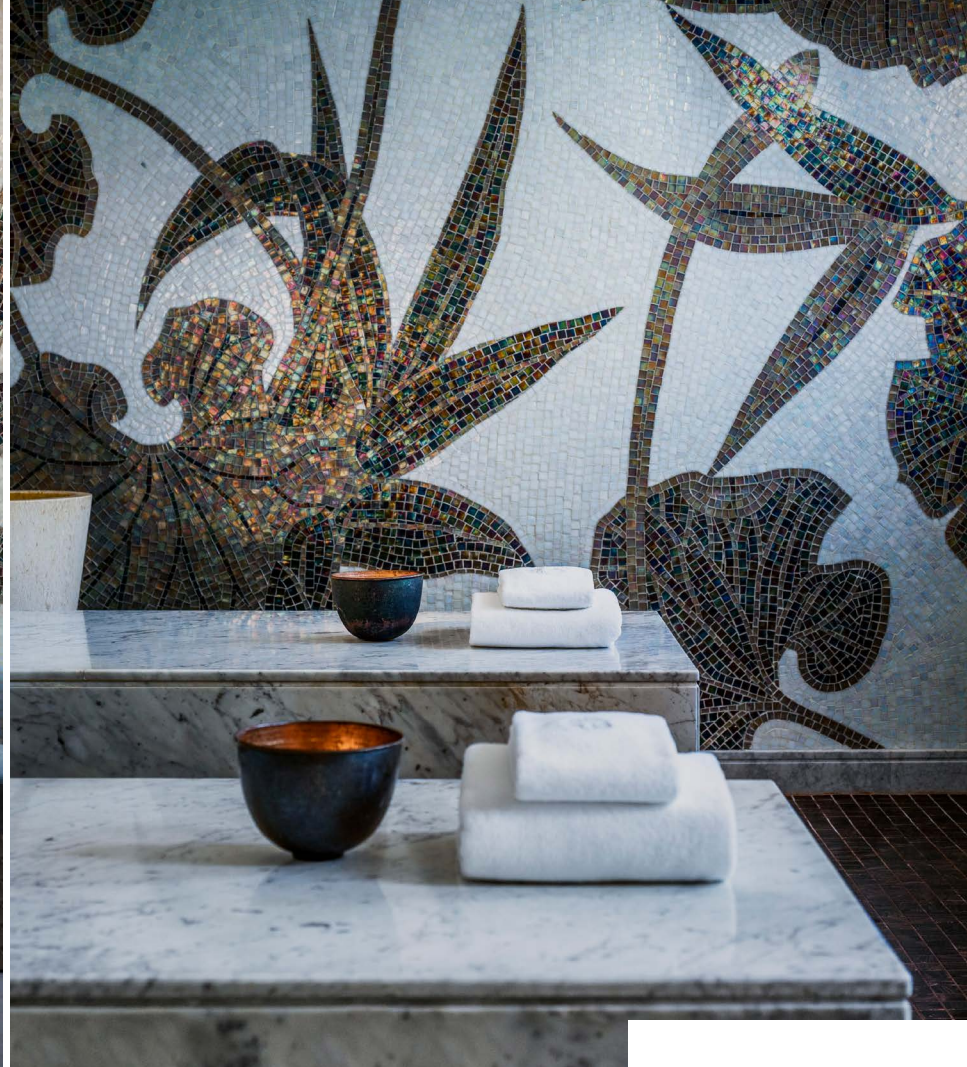
Rare orchids with outstanding longevity properties, healing bee products... Since it was founded, Guerlain has been inspired by nature, respectfully drawing on its sensoriality and effectiveness. This unique quest for perfection is echoed at every single Guerlain Spa. Inside each haven, complex rituals are performed to the most exacting standards - the result of extensive development and research - so that every single Guerlain treatment, throughout the world, is an unforgettable experience.



A MULTI-SENSORIAL EXPERIENCE
WHERE PLEASURE
MEETS EFFECTIVENESS

SIGNATURE EXPERIENCES





THE HAMMAM SUITE
'DÉSERT D'ORIENT'

HAMMAM
RITUAL

The Guerlain Spa at One&Only The Palm invites you to discover 'The Hammam Suite', a temple of serenity where each treatment unfolds step by step. A sanctuary of wellness, The Hammam Suite 'Désert d'Orient' is the perfect place in which to enjoy a treatment with someone special.

Each experience includes different layers of true oriental rituals: body exfoliation, heated slabs, steam session, body massage... Our 'Désert d'Orient' Hammam Ritual reveals an exotic sensory journey where exquisite pleasure and sensuality intermingle.

EXCLUSIVE TREATMENTS

Guerlain Signature for One&Only The Palm



GUERLAIN HAS CREATED UNIQUE JOURNEYS
FOR ONE&ONLY THE PALM

DÉSERT D'ORIENT HAMMAM RITUAL 1 HR - 1 HR 30 - 2 HRS - 2 HRS 30

This journey begins with a deep body exfoliation and a Guerlain body wrap to prepare your skin. Following true oriental tradition, you then enter the steam room which confers its soothing benefits. The wrap combined with the virtues of the steam room purifies your skin, eliminates toxins and soothes muscle pain. Rounded off with a personalized massage with one of the four Guerlain scented Massage Elixirs, this treatment leaves your skin soft and silky, and plunges you into one of our sensory universes. A luxurious feeling of wellbeing takes hold of you.

ONE&ONLY SOLAR EVASION 1 HR 30

This sensory and relaxing face and body treatment prepares your skin for tanning and prolongs your healthy glow after soaking up the sun. Prior to your treatment, your body is pampered with a smoothing exfoliation, leaving your skin cleansed, refined and silky soft. Your body is then revitalised thanks to a soothing massage. The masterful ballet of soft and harmonious massage therapy provides a profound sense of absolute relaxation and escape.

DUBAI HARMONY 1 HR 30

This treatment is the perfect harmony between a treatment and a massage, creating an incredible feeling of wellbeing and lightness. By alternating between hot and cold temperatures, the skin gets regenerated, the complexion illuminated and tissues re-oxygenated. A sequence of flowing manoeuvres with draining effect stimulates reactivation of the circulation and relieves the body of any muscle tension.



LIGHT UP
YOUR FACE

ORCHIDÉE IMPÉRIALE



THE SELECTION OF ORCHIDÉE IMPÉRIALE TREATMENTS
CONTINUES TO EVOLVE, FOR ENHANCED PLEASURE
AND EFFECTIVENESS.

ULTIMATE BLACK ORCHID AGE REVERSE 1 HR | 1 HR 30 PROGRAM OF 4 OR 8 SESSIONS

The masterpiece of Guerlain treatment is a rare and precious luxury where the symbiosis of gestures and the power of Black Orchid work together to support the skin's self-preservation mechanisms. It is the ultimate talisman for preserving and prolonging youth, resulting in skin that glows with health and flawlessness.

IMPERIAL AGE REVERSE 1 HR 30

Guerlain is inspired by the prodigious longevity of the orchid to create its most complete exceptional anti-aging treatment, with highly regenerating and redensifying powers. The skin regains its perfect qualities to the eye and to the touch, it is soft, velvety, and sublime.

ABEILLE ROYALE



PROVIDING OUTSTANDING NATURAL HEALING PROPERTIES,
BEE PRODUCTS INSPIRED GUERLAIN TO CREATE TARGETED
TREATMENTS TO COMBAT THE SIGNS OF AGEING.

ROYAL HEAD RITUAL 1 H

This holistic massage deeply soothes the scalp, relieves muscular tension, and invites relaxation. A ritual imbued with serenity that repairs, protects, and sublimates the hair for a silky touch and infinite shine.

ROYAL HONEY REPAIR & RENEW 1 HR 30

The Abeille Royale range offers all the healing benefits of bee products. By combining microdermabrasion with a purifying massage using warm plant-infused pouches, it intensely repairs the epidermis and illuminates the face. A true youth catalyst that acts on key skin reconstruction processes for a smoothing and firming effect.

THE ART OF TAILOR-MADE



GUERLAIN HAS FINE-TUNED SOME UNIQUE TECHNIQUES TO PLUMP THE FACE AND SCULPT THE EYES. UNIQUE MOVEMENTS TO COMBAT THE EFFECTS OF TIME.

TAILOR-MADE TREATMENT 1 HR | 1 HR 30 | 2 HRS

A tailor-made facial treatment to create. Following a complete diagnosis, the Beauty Expert creates perfect blends to meet the needs of your face. Purifying, hydrating, re-densifying or regenerating, a treatment with infinite customization.

IMPERIAL FACE SCULPT 1 HR PROGRAMME OF 4 OR 8 SESSIONS

The Imperial Face Sculpt treatment brings you all of Guerlain's facial expertise in one hour. This cutting-edge aesthetic sculpting massage restores firmness, glow and youth to the skin. With its deep muscular action, it shapes the facial contours, emphasizes the cheekbones, opens up the eyes and erases wrinkles. The facial foundations are deeply enhanced and natural glow is instantly restored. A revolutionary lifting effect to look younger for longer!

FOCUS RITUALS 45 MIN

Select an area of your choice to ease or pamper – the scalp, eye area or neck & décolleté. You will naturally succumb to this sublime, targeted massage.



ENHANCE
YOUR BODY

INTENSE BODY ENHANCEMENT



TREAT YOUR STRESSED AND WORN OUT BODY TO A WELL-DESERVED BEAUTY BREAK. AN EXTRAORDINARY EXPERIENCE OF PLEASURE AND WELL-BEING.

IMPERIAL BODY SCULPT 1 HR | 1 HR 30 PROGRAMME OF 4 OR 8 SESSIONS

Powerful and immediately effective, this slimming treatment sculpts the silhouette, reduces cellulite, and drains toxins. The deep and intense motions of drainage and kneading stimulate the metabolism for lasting results. The body is naturally reshaped with more harmonious curves.

INTENSIVE BODY THERAPY 2 HRS

Scrub, wrap, personalised massage... This treatment is an exceptional and sensual experience that deliciously enhances the body.

BODY POLISH 1 HR

The skin is clear and refined, as soft as silk, with a surprisingly relaxing effect. The scrub is an invitation to well-being.

SONO-SENSORY MESSAGES



A WORLD FIRST MESSAGES COLLECTION.
 INITIATORY JOURNEYS THROUGH GUERLAIN EMBLEMATIC
 DESTINATIONS, WHERE MESSAGES AND MUSIC ARE
 CO-BUILT FOR MAGNIFIED EMOTIONS AND SENSATIONS.

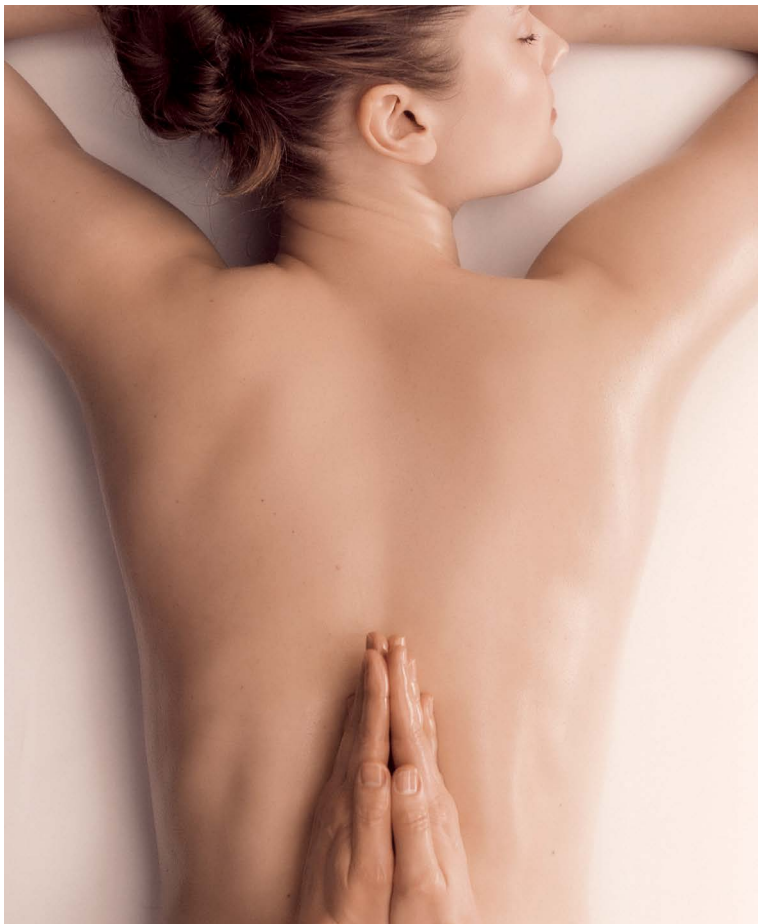
SECRETS OF INDIA 1 HR

The Shalimar Legend is the inspiration of this unique massage to dive you in the heart of India. During this journey, the hands of the Guerlain Expert are intensively guided by the rhythm of music, especially developed for this experience. This artistic and musical composition is divided in four emotions: meditation, sensuality, joy, and the apogee of this adventure, energy. Secrets of India is the promise of a new aura, a body & mind rebirth.

WHISPERS OF OUESSANT 1 HR

This invigorating massage will transport you to the wild landscape of the Ouessant Island, where bees yield their most precious treasures. In perfect harmony with the movements of the Guerlain Expert, the music is designed to delight all your senses and offer you a rousing and refreshing escape. Progressing through four chapters, this musical score evokes the emotions of this encounter: the intrigue of arriving by sea, the heady feeling of exploring the island, the excitement of discovering its flora and fauna and the deep reawakening of the Celtic soul that invites an escape into the imagination. Whispers of Ouessant echoes the buzzing dance of the bees, soothing both the spirit and the senses.

RELAXATION & ENERGY



RELAX COMPLETELY OR BOOST YOUR ENERGY WITH THESE BODY MESSAGES INCORPORATING PRECISE AND BALANCED TECHNIQUES.

DEEP MUSCULAR MASSAGE 1 HR | 1 HR 30

This powerful ritual is based on five of the most effective ancestral methods in the world. It sculpts, strengthens and tones the muscles, releasing tension for deep relaxation.

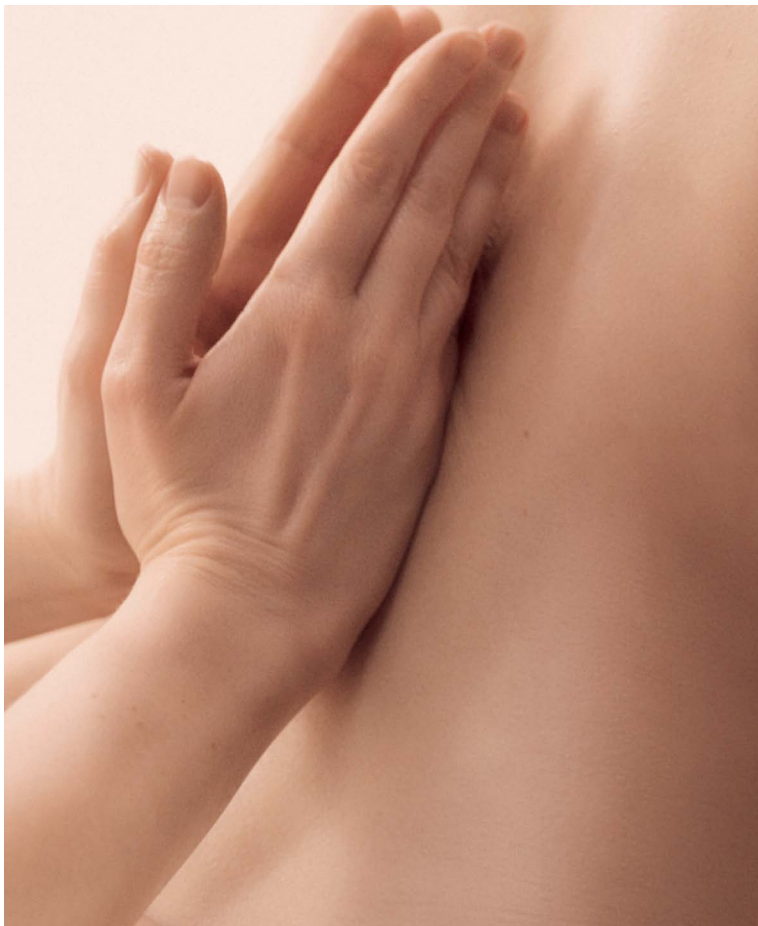
IMPERIAL RELAXING MASSAGE 1 HR | 1 HR 30

Paying tribute to Eau de Cologne Impériale, this signature Guerlain massage arouses all the senses. It stimulates circulation, promotes oxygenation and brings about irresistible relaxation.

4-HAND IMPERIAL MASSAGE 1 HR | 1 HR 30

This ballet of expert techniques, developed from the Imperial Relaxing massage, promises to deliver a wonderfully uplifting sensation of well-being. Let yourself go.

RELAXATION & ENERGY



FOR PERFECT HARMONY IN THE BODY AND MIND,
GUERLAIN PRESENTS THREE HOLISTIC RITUALS
FOCUSED ON WELL-BEING.

HOT STONE MASSAGE 1 HR | 1 HR 30

Thanks to the use of hot stones, this massage deeply warms muscles and stimulates the nerve endings to activate blood circulation and improve complexion. The drainage and detoxifying effect is immediate, blood circulation and energy flow are naturally restored.

FOOT REFLEXOLOGY 1H

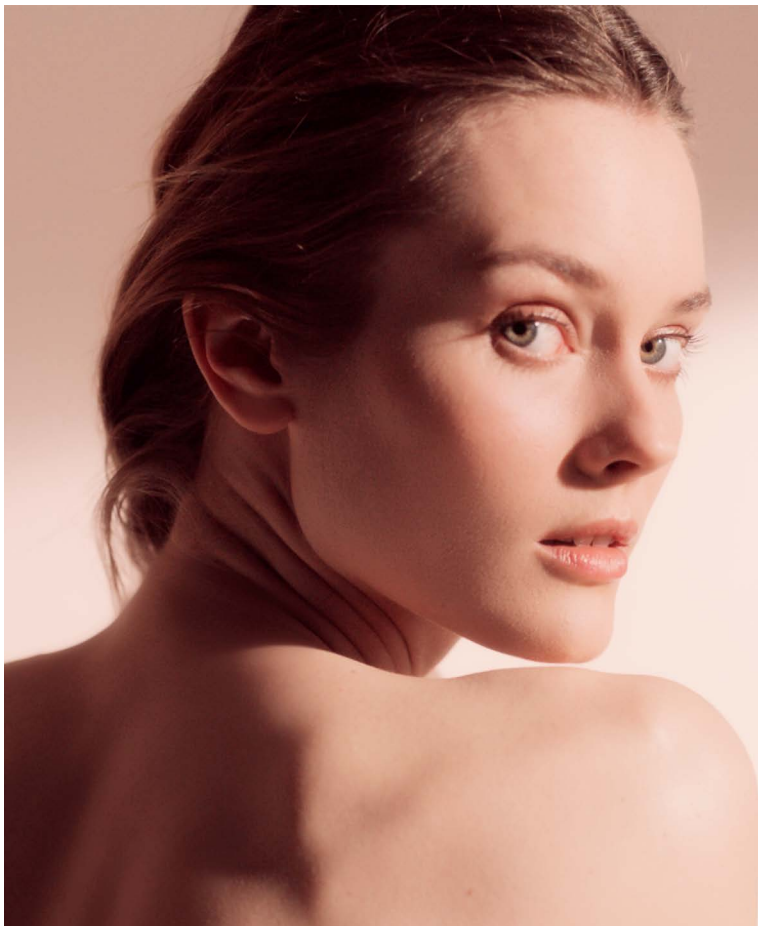
A reflexology foot treatment speeds up recovery by improving venous and lymphatic circulation, and stimulates the elimination of toxin build up associated with muscle exertion. It brings a sensation of lightness to the legs and feet, and considerably reduces muscle cramps and soreness. The session is accompanied by an invigorating scrub surprisingly relaxing.

THAI MASSAGE 1 - 1 HR 30

This ancestral dry massage takes its cue from natural traditional medicines. Acupressure and stretching techniques inspired by yoga awaken the body's energy flow and release any physical tension.

The massages proposed are for the purpose of stress reduction, wellbeing and beauty.
We recommend that you consult a healthcare professional for any medical examination.

ABSOLUTE HARMONY



FOR PERFECT HARMONY IN THE BODY AND MIND,
GUERLAIN PRESENTS THREE HOLISTIC RITUALS
FOCUSED ON WELL-BEING.

VITAL ENERGY 1H|1H30

Rebalance the body and mind with this completely unique composition. Based on friction and criss-cross techniques, it works on the ligaments and tendons like strings on a musical instrument. The joints are released, liberated; tissue oxygenation is improved. Restores flexibility and serenity.

PRE/POST NATAL MASSAGE 1H|1H30

Designed to improve the skin's elasticity and stimulate the circulation, this massage can be performed after the first trimester of pregnancy or when the baby is born.

TREATMENTS FOR MEN



LET GO OF STRESS AND STRAINS
AND TAKE SOME TIME OUT TO TAKE CARE
OF YOUR SKIN, BODY AND MIND.

SKIN SAVER FACIAL 1H30

This treatment includes a scrub, exclusive face massage, mask and eye contour treatment. It restores radiance and comfort to the face.

A real confidence booster.

ENERGIZING FACIAL 1H

Sometimes the skin deserves a boost! This treatment includes a scrub, massage, mask, and eye contour treatment to restore freshness.

STRETCH & DESTRESS 1H|1H30

This aesthetic massage stretches the muscles, leaving them suppler, and also works on blood circulation to balance the body and mind.

The perfect formula to soothe and de-stress.

MUSCULAR ENERGY 1H|1H30

What's the best word to describe this massage? Powerful! It helps relax the muscles, then tones the body with vigorous and deep muscle kneading techniques. It's the best way to boost your energy and recover from an exercise session.

All the other treatments in our catalogue are suitable and available for men.

THE ART OF MAKE-UP



WHETHER SOPHISTICATED OR NATURAL, GUERLAIN CAN
CREATE PERSONALISED MAKE-UP FOR EACH WOMAN,
TO MAKE HER IRRESISTIBLY BEAUTIFUL...

MAKE-UP APPLICATION 1H

Guerlain is the master of make-up from every angle. Whether it's for a special occasion or just to look perfectly irresistible every day, treat yourself to a make-up session where expertise and enjoyment are the order of the day.

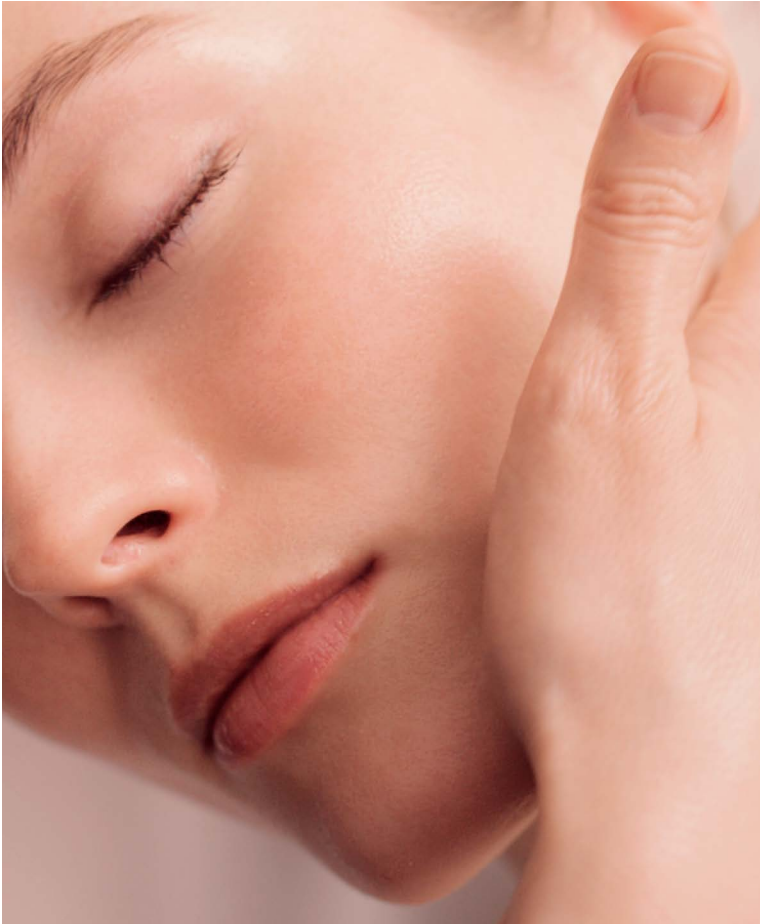
MAKE-UP LESSON 1H30

Who doesn't dream of mastering the art of make-up? During this workshop, Guerlain lets you in on the most effective beauty secrets to enhance your face. Previously kept under wraps, they are now explained during a one-to-one workshop. Unmissable.

BRIDAL MAKE-UP 2 HRS 30 MIN (1H + 1H30)

For the most wonderful day of your life, opt for tailored make-up in two stages. The first step to ideal bridal make-up is a series of trials by the Guerlain Beauty Experts during a pre-consultation, in order to have the perfect look on the big day. You'll be safe in the knowledge that you're in good hands.

EXCEPTIONAL PAMPERING



AN EXPERIENCE OF ABSOLUTE RELAXATION. TREAT YOURSELF TO A DAY OR HALF-DAY PROGRAM TO PAMPER YOUR BODY AND REPLENISH YOUR ENERGY, RADIANCE AND YOUTH.

SCULPT YOUR FACE & BODY 2 HRS 45 MIN

- Imperial Face Sculpt (1 H)
- Imperial Body Sculpt (1 H)
- Focus Rituals (45 MIN)

MOTHER'S PAMPERING 3 HRS 30 MIN

- Pre/Post Natal Massage (1 H)
- Tailor-made Treatment (1 H 30)
- Complete Feet Treatment (1 H)

RESTORE YOUR NATURAL GLOW 3 HRS 30 MIN

- Tailor-made Treatment (1 H 30)
- Vital Energy (1 H)
- Body Polish (1 H)

BOOST YOUR ENERGY 3 HRS

- Deep Muscular Massage (1 H 30)
- Honey Repair & Renew (1 H 30)



GUERLAIN FEATURING ITS EXCEPTIONAL PRODUCT COLLECTIONS AT

One&Only

THE PALM

Dubai

A selection of Guerlain products is available for purchase at the Guerlain Spa boutique. Indulge in Guerlain's realm of exceptional fragrances, the sensuality of their luxurious textures and let yourself be seduced by the extraordinary range of cosmetics available at One&Only The Palm, Dubai.

THE EXCLUSIVE COLLECTIONS

Lovers of beauty will appreciate Guerlain's timeless and elegant fragrances. Each with its own individual character and exquisitely designed bottle, where the precious materials and absolute refinement of the Exclusive Collections encapsulate Guerlain spirit.

THE ART OF SKINCARE

Guerlain's research has always focused on the quest for perfect skin by creating outstanding skincare products that blend active, natural and rare ingredients. Like precious jewels, every beautifully crafted jar encases an efficient and refined product that has been carefully formulated and delicately perfumed, to ensure each use is a truly sensory experience.

THE MAGIC OF MAKE-UP

Shimmering powders and extraordinary lipsticks...an exclusive selection for Dubai has been chosen from the Guerlain collection for an illuminating effect.

GUERLAIN SPA GIFT CERTIFICATE

Give the treasured gift of Guerlain – an experience as luxurious as it is unforgettable. Select from our wide array of Spa treatments and Guerlain products.

FACE

| THE ART OF TAILOR-MADE | AED | |
|-----------------------------|-----------|-------|
| Refreshing Facial Treatment | 30 mins | 375 |
| Focus Rituals | 45 mins | 560 |
| Tailor-Made Treatment | 60 mins | 725 |
| | 90 mins | 995 |
| | 120 mins | 1,380 |
| Imperial Face Sculpt | 60 mins | 725 |
| | 4x60 mins | 2,320 |
| | 8x60 mins | 4,350 |

EXCEPTIONAL COMPLETE ANTI-AGEING

| ORCHIDEE IMPERIALE | AED | |
|-----------------------|-----------|-------|
| Ultimate Black Orchid | | |
| Age Reverse | 60 mins | 995 |
| | 90 mins | 1,320 |
| | 4x60 mins | 3,185 |
| | 8x60 mins | 5,970 |

| | | |
|----------------------|---------|-------|
| Imperial Age Reverse | 90 mins | 1,135 |
|----------------------|---------|-------|

| ABEILLE ROYALE | AED | |
|----------------------------|---------|-------|
| Royal Head Ritual | 30 mins | 375 |
| | 60 mins | 665 |
| Royal Honey Repair & Renew | 90 mins | 1,135 |

BODY

| INTENSE BODY ENHANCEMENT | AED | |
|--------------------------|-----------|-------|
| Body Polish | 30 mins | 335 |
| | 60 mins | 665 |
| Body Polish & Body Wrap | 60 mins | 665 |
| Intensive Body Therapy | 90 mins | 985 |
| | 120 mins | 1,265 |
| Imperial Body Sculpt | 60 mins | 665 |
| | 90 mins | 985 |
| | 4x60 mins | 2,130 |
| | 8x60 mins | 3,990 |

BODY MASSAGES

| | | AED |
|-------------------------|---------|-------|
| Body Massage Imperial | 30 mins | 335 |
| Relaxing Massage | 60 mins | 665 |
| | 90 mins | 985 |
| Deep Muscular Massage | 60 mins | 665 |
| | 90 mins | 985 |
| Foot Reflexology | 60 mins | 665 |
| Hot Stone Massage | 60 mins | 665 |
| | 90 mins | 985 |
| Thai Massage | 60 mins | 665 |
| | 90 mins | 985 |
| Vital Energy | 60 mins | 665 |
| | 90 mins | 985 |
| Pre/Post-Natal Ritual | 60 mins | 665 |
| | 90 mins | 985 |
| 4-Hand Imperial Massage | 60 mins | 1,265 |
| | 90 mins | 1,675 |
| Couples Massage | 60 mins | 1,530 |
| | 90 mins | 2,170 |

SONO-SENSORY MASSAGES

| | | AED |
|----------------------|---------|-----|
| Secrets of India | 60 mins | 665 |
| Whispers of Ouessant | 60 mins | 665 |

TREATMENTS FOR MEN

| FACIAL TREATMENTS | AED | |
|-------------------|---------|-----|
| Energizing Facial | 60 mins | 725 |
| Skin Saver Facial | 90 mins | 995 |

FACE & BODY TREATMENTS

| | | AED |
|---------------------|----------|-------|
| Invigorated Break | 120 mins | 1,320 |
| Ultimate Experience | 180 mins | 1,560 |

BODY MASSAGES

| | | AED |
|---------------------|---------|-----|
| Stretch & De-stress | 60 mins | 665 |
| | 90 mins | 985 |
| Muscular Energy | 60 mins | 665 |
| | 90 mins | 985 |

MAKE-UP

THE ART OF MAKE-UP

| | | AED |
|---------------------|------------|-------|
| Make-up Application | 60 mins | 600 |
| Make-up Lesson | 90 mins | 800 |
| Bridal Make-up | 60+90 mins | 2,500 |

WAXING

WAXING

| | | AED |
|---|---------|-----|
| Upper Lip / Under Arm / Eyebrow Maintenance | 15 mins | 150 |
| Eyebrow Creation / Half Chest / Half Back / Half Legs / Half Arms | | |
| Bikini Line | 25 mins | 200 |
| Full Face / Full Arm | 45 mins | 320 |
| Full Chest / Full Back | | |
| Full Legs | 60 mins | 380 |

SIGNATURE EXPERIENCES

ONE&ONLY GUERLAIN SPA EXCLUSIVES

| | | |
|------------------------|---------|-----|
| One&Only Solar Evasion | 90 mins | 995 |
| Dubai Harmony | 90 mins | 995 |

| | | |
|-----------------|----------|-------|
| Désert D'Orient | | |
| Hammam Ritual | 60 mins | 750 |
| | 90 mins | 1,050 |
| | 120 mins | 1,285 |
| | 150 mins | 1,525 |

EXCEPTIONAL PAMPERING RITUALS

| | | AED |
|-------------------------|--|-------|
| SCULPT YOUR FACE & BODY | | 1,590 |

| | | |
|----------------------|---------|--|
| Imperial Body Sculpt | 60 mins | |
| Imperial Face Sculpt | 60 mins | |
| Focus Rituals | 45 mins | |

| | | AED |
|--------------------|--|-------|
| MOTHER'S PAMPERING | | 1,780 |

| | | |
|-----------------------|---------|--|
| Pre/Post-Natal Ritual | 60 mins | |
| Tailor-Made Treatment | 90 mins | |
| Bastien's Pedicure | 60 mins | |

| | | AED |
|-------------------|--|-------|
| BOOST YOUR ENERGY | | 1,800 |

| | | |
|--------------------------------|---------|--|
| Deep Muscular Massage | 90 mins | |
| Honey Repair & Renew Treatment | 90 mins | |

| | | AED |
|---------------------------|--|-------|
| RESTORE YOUR NATURAL GLOW | | 1,970 |

| | | |
|-------------------------|---------|--|
| Body Polish & Body Wrap | 60 mins | |
| Vital Energy | 60 mins | |
| Tailor-Made Treatment | 90 mins | |

TERMS AND CONDITIONS OF SALES

YOUR CUSTOMISED SPA

Transform a Guerlain Spa into your own exclusive setting for an afternoon of treatments with friends, or any other specific request. We are here to make your dreams come true. Don't hesitate to contact us for a customised offer.

GUERLAIN BEAUTY BREAKS

Treat someone special to an unforgettable and luxurious experience with Guerlain Spa Beauty Breaks. Choose your gift from a wide selection of treatments and products by Guerlain.

GUERLAIN AESTHETIC MASSAGE

The massages we offer are for beauty and aesthetic purposes. If you are looking for therapeutic massages, we recommend consulting a physician for advice.

TREATMENT DURATION

For efficient planning, the duration times listed correspond to the treatment time inside the Spa. To make the most of your experience, we suggest you arrive 10 minutes before your scheduled appointment time.

PEACE OF MIND

In order for you to experience your Spa visit with complete peace of mind, we have safes available in each of our treatment rooms for you to store your personal valuables but we recommend that no jewelry be worn at the Spa. The management and Ambassadors accept no responsibility for the loss of money or valuables of any kind brought into the Spa premises.

A TRANQUIL SETTING

Our Spa is a place to relax and unwind, so we kindly ask you turn off your mobile telephones in order to make the most of your experience and preserve the peaceful environment for other visitors.

RESERVATION AND CANCELLATION POLICY

In order to secure the most suitable schedule for you, we recommend that you anticipate your treatments by reserving an appointment. Should you need to cancel or reschedule your appointment, as a courtesy we ask that you provide 24 hours' notice to avoid incurring the full therapy fee or voiding gift certificates. Cancellations made within less than 24 hours will incur a charge of 100% of the treatment price. The minimum age of 16 is required for access and treatment in the Spa.

LATE ARRIVAL

Late arrivals may result in lost treatment time unless our schedule enables us to offer you the full service.

SPECIAL CONSIDERATION

Guest who have high blood pressure, heart conditions, have any other medical complications, or are pregnant are advised to consult their doctors before signing up for any spa services. Kindly inform your Spa therapist of any existing medical conditions.

SPA GUERLAIN

One&Only The Palm, West Crescent, Palm Jumeirah

P.O. Box 114843, Dubai, United Arab Emirates

Tel: + 971 4 440 1040

Spa@oneandonlythepalm.com

From 10am to 9pm from Sunday to Saturday

GUERLAIN
PARIS