



GUERLAIN
SPA



ENTER A WORLD
OF ABSOLUTE BEAUTY
AND WELL-BEING

The Guerlain Spa at the InterContinental Bordeaux - Le Grand Hôtel invites you to experience a timeless escapade; a unique beauty and well-being experience. In this serene setting, let yourself be tempted by the treatment of your choice, where every movement is designed for the well-being of body and mind.

ULTIMATE SCIENCE OF WELLNESS



KNOW-HOW & DARING

Guerlain opened its Institute and aesthetic training school in 1939. It has since trained all its Beauty Experts there, inspiring them to be ambassadors for Guerlain excellence. Throughout the world, these Experts carry out treatments requiring tremendous technical skill, such as the 19-minute facial treatment, which is considered as an industry standard. Spurred on by its pioneering and enterprising vision, Guerlain has been developing massage techniques that combine tradition and innovation for the past 80 years.

With its years of know-how and expertise, Guerlain ensures that every single treatment is an outstanding and personalised experience. Guerlain Beauty Experts perform Guerlain protocols with perfect skill, while being attentive to each individual. The diagnosis stage allows the Experts to adapt their movements and pressure to meet precise needs and expectations. For a unique and absolutely unforgettable experience...



|
AN INDIVIDUAL APPROACH
FOR INSTANTLY VISIBLE AND
LASTING RESULTS
|



AWAKEN THE SENSES

|
A MULTI-SENSORIAL EXPERIENCE
WHERE PLEASURE
MEETS EFFECTIVENESS
|

Inside an intimate cocoon, soothed by relaxing music, the senses are aroused and the mind is calmed. Before each treatment, Beauty Experts ask each guest to choose their own olfactory theme to create an atmosphere of relaxation and serenity. This theme helps to encourage gentle relaxation and to ensure that the journey to well-being is enjoyed to the full.

Rare orchids with outstanding longevity properties, healing bee products... Since it was founded, Guerlain has been inspired by nature, respectfully drawing on its sensoriality and effectiveness. This unique quest for perfection is echoed at every single Guerlain Spa. Inside each haven, complex rituals are performed to the most exacting standards, the result of extensive development and research. So that every single Guerlain treatment, throughout the world, may be an unforgettable experience.



LIGHT UP
YOUR FACE

THE EXCLUSIVE TREATMENT



SPECIALLY DESIGNED FOR THE INTERCONTINENTAL BORDEAUX - LE GRAND HÔTEL, THIS EXCLUSIVE TREATMENT OFFERS A WONDERFUL JOURNEY OF SENSORIALITY.

MIROIR D'EAU 1H

As a tribute to the Bordeaux woman, Le Miroir d'Eau is a facial treatment dedicated to moisturizing and rejuvenating the skin. A true rejuvenating interlude, it allows the skin to regain its hydration while fighting against the signs of aging. The massage provides a delicious sensation of freshness that restores suppleness, lightness and radiance.

THE ART OF TAILOR-MADE



GUERLAIN HAS FINE-TUNED SOME UNIQUE TECHNIQUES TO PLUMP THE FACE AND SCULPT THE EYES. UNIQUE MOVEMENTS TO COMBAT THE EFFECTS OF TIME.

TAILOR-MADE TREATMENT 1H | 1H30 | 2 HRS

Guerlain tailor-made treatment is sustained by an approach that goes back more than 80 years... Infinite personalisation, an extraordinary, highly specialised experience: fine combinations of Guerlain products, innovative gestures, rituals derived from know-how of the greatest Eastern and Western masters... The treatment begins with a meeting, during which the Guerlain Beauty Expert discusses all subjects relating to wellness: including nutrition, physical activity, level of fatigue and stress. This exchange allows the Expert to design perfect pairings for the face and to meet specific needs rather than simply performing pre-established protocols.

IMPERIAL FACE SCULPT 1H PROGRAM OF 4 SESSIONS

The Imperial Face Sculpt treatment brings you all of Guerlain's facial expertise in one hour. This cutting-edge aesthetic sculpting massage restores firmness, glow and youth to the skin. With its deep muscular action, it shapes the facial contours, emphasizes the cheekbones, opens up the eyes and erases wrinkles. The facial foundations are deeply enhanced and natural glow is instantly restored. A revolutionary lifting effect to look younger for longer!

FOCUS RITUALS 45 MIN

Select an area of your choice to ease or pamper – the scalp, eye area or neck & décolleté. You will naturally succumb to this sublime, targeted massage.

EXCEPTIONAL COMPLETE ANTI-AGEING



THE SELECTION OF ORCHIDÉE IMPÉRIALE TREATMENTS
CONTINUES TO EVOLVE YEAR AFTER YEAR, FOR
ENHANCED PLEASURE AND EFFECTIVENESS.

ULTIMATE BLACK ORCHID AGE REVERSE 1H|1H30 PROGRAM OF 4 OR 8 SESSIONS

The masterpiece of Guerlain treatment is a rare and precious luxury where the symbiosis of gestures and the power of Black Orchid work together to support the skin's self-preservation mechanisms. It is the ultimate talisman for preserving and prolonging youth, resulting in skin that glows with health and flawlessness.

IMPERIAL AGE REVERSE 1H30

Guerlain is inspired by the prodigious longevity of the orchid to create its most complete exceptional anti-aging treatment, with highly regenerating and redensifying powers. The skin regains its perfect qualities to the eye and to the touch, it is soft, velvety, and sublime.

IMPERIAL ORCHID ULTIMATE ANTI-AGING TREATMENT 2H

A complete Guerlain treatment dedicated to the pleasure of the senses, where each muscle is stimulated by an energetic massage. The body is rejuvenated and the skin is illuminated. An anti-aging effectiveness and a flawless well-being.

YOUTH REPAIRING POWER



PROVIDING OUTSTANDING NATURAL HEALING PROPERTIES, BEE PRODUCTS INSPIRED GUERLAIN TO CREATE TARGETED TREATMENTS TO COMBAT THE SIGNS OF AGEING.

ROYAL HONEY REPAIR & RENEW 1H30

The Abeille Royale range offers all the healing benefits of bee products. By combining microdermabrasion with a purifying massage using warm plant-infused pouches, it intensely repairs the epidermis and illuminates the face. A true youth catalyst that acts on key skin reconstruction processes for a smoothing and firming effect.

ROYAL HEAD RITUAL 1H

This holistic massage deeply soothes the scalp, relieves muscular tension, and invites relaxation. A ritual imbued with serenity that repairs, protects, and sublimates the hair for a silky touch and infinite shine.



ENHANCE
YOUR BODY

INTENSE BODY ENHANCEMENT



TREAT YOUR STRESSED AND WORN-OUT BODY TO A WELL-DESERVED BEAUTY BREAK. AN EXTRAORDINARY EXPERIENCE OF PLEASURE AND WELL-BEING.

IMPERIAL BODY SCULPT 1H | 1H30

PROGRAM OF 4 SESSIONS

Imperial Body Sculpt is the new generation slimming massage: powerful, with immediate effect, it sculpts the silhouette and unclogs adipocytes. Deep and intense movements warm the hypodermis and stimulate lipolysis, which quickly promotes fat burning. This sequence of kneading, contrasted by a final drainage, soothes and balances the metabolism for long-lasting results. Expert strokes, combined with the effectiveness of Guerlain body products, sculpt the waist while refining the legs and hips. The body is naturally redesigned, the curves more harmonious.

INTENSIVE BODY THERAPY 2 HRS

Scrub, wrap, personalised massage... This treatment is an exceptional and sensual experience that deliciously enhances the body.

BODY POLISH 1H

The skin is clear and refined, as soft as silk, with a surprisingly relaxing effect. The scrub is an invitation to well-being.

SONO-SENSORY MESSAGES



A WORLD FIRST MESSAGES COLLECTION.
 INITIATORY JOURNEYS THROUGH GUERLAIN EMBLEMATIC
 DESTINATIONS, WHERE MESSAGES AND MUSIC ARE
 CO-BUILT FOR MAGNIFIED EMOTIONS AND SENSATIONS.

SECRETS OF INDIA 1H

The Shalimar Legend is the inspiration of this unique message to dive you in the heart of India. During this journey, the hands of the Guerlain Expert are intensively guided by the rhythm of music, especially developed for this experience. This artistic and musical composition is divided in four emotions: meditation, sensuality, joy, and the apogee of this adventure, energy. Secrets of India is the promise of a new aura, a body & mind rebirth.

WHISPERS OF OUESSANT 1H

This invigorating message will transport you to the wild landscape of the Ouessant Island, where bees yield their most precious treasures. In perfect harmony with the movements of the Guerlain Expert, the music is designed to delight all your senses and offer you a rousing and refreshing escape. Progressing through four chapters, this musical score evokes the emotions of this encounter: the intrigue of arriving by sea, the heady feeling of exploring the island, the excitement of discovering its flora and fauna and the deep reawakening of the Celtic soul that invites an escape into the imagination. Whispers of Ouessant echoes the buzzing dance of the bees, soothing both the spirit and the senses.

RELAXATION & ENERGY



RELAX COMPLETELY OR BOOST YOUR ENERGY
WITH THESE BODY MESSAGES INCORPORATING
PRECISE AND BALANCED TECHNIQUES.

DEEP MUSCULAR MASSAGE 1H | 1H30

This powerful ritual is based on five of the most effective ancestral methods in the world. It sculpts, strengthens and tones the muscles, releasing tension for deep relaxation.

IMPERIAL RELAXING MASSAGE 1H | 1H30

Paying tribute to Eau de Cologne Impériale, this signature Guerlain massage arouses all the senses. It stimulates circulation, promotes oxygenation and brings about irresistible relaxation.

4-HAND IMPERIAL MASSAGE 1H | 1H30

This ballet of expert techniques, developed from the Imperial Relaxing massage, promises to deliver a wonderfully uplifting sensation of well-being. Let yourself go.

ABSOLUTE HARMONY



FOR PERFECT HARMONY IN THE BODY AND MIND,
GUERLAIN PRESENTS TWO HOLISTIC RITUALS
FOCUSED ON WELL-BEING.

VITAL ENERGY 1H|1H30

Rebalance the body and mind with this completely unique composition. Based on friction and criss-cross techniques, it works on the ligaments and tendons like strings on a musical instrument. The joints are released, liberated; tissue oxygenation is improved. Restores flexibility and serenity.

PRE/POST NATAL MASSAGE 1H|1H30

Designed to improve the skin's elasticity and stimulate the circulation, this massage can be performed after the first trimester of pregnancy or when the baby is born.

The 8 1H30

To celebrate the 80th anniversary of the institute, 68 Champs-Élysées, Guerlain has chosen to sublimate its know-how with an exceptional and unique aesthetic massage. Working 80 muscles of the body and face thanks to 80 precise gestures and 80 pressure points, Le 8 has been designed to meet the expectations of each person. Each gesture can be personalized and adapted to your needs. At the heart of this protocol is one objective: to disconnect the brain and the muscles, thanks to the alternating rhythms practiced by the Beauty Expert. You will leave this session feeling light, supple and free of stress, but also full of new energy and self-confidence.

UNIQUE
EXPERIENCES



TREATMENTS FOR MEN



LET GO OF STRESS AND STRAINS
AND TAKE SOME TIME OUT TO TAKE CARE
OF YOUR SKIN, BODY AND MIND.

SKIN SAVER FACIAL 1H30

This treatment includes a scrub, exclusive face massage, mask and eye contour treatment. It restores radiance and comfort to the face.

A real confidence booster.

ENERGIZING FACIAL 1H

Sometimes the skin deserves a boost! This treatment includes a scrub, massage, mask, and eye contour treatment to restore freshness.

STRETCH & DESTRESS 1H|1H30

This aesthetic massage stretches the muscles, leaving them suppler, and also works on blood circulation to balance the body and mind.

The perfect formula to soothe and de-stress.

MUSCULAR ENERGY 1H|1H30

What's the best word to describe this massage? Powerful! It helps relax the muscles, then tones the body with vigorous and deep muscle kneading techniques. It's the best way to boost your energy and recover from an exercise session.

All the other treatments in our catalogue are suitable and available for men.

THE ART OF MAKE-UP



WHETHER SOPHISTICATED OR NATURAL, GUERLAIN CAN
CREATE PERSONALISED MAKE-UP FOR EACH WOMAN,
TO MAKE HER IRRESISTIBLY BEAUTIFUL...

MAKE-UP APPLICATION 1H

Guerlain is the master of make-up from every angle. Whether it's for a special occasion or just to look perfectly irresistible every day, treat yourself to a make-up session where expertise and enjoyment are the order of the day.

MAKE-UP LESSON 1H30

Who doesn't dream of mastering the art of make-up? During this workshop, Guerlain lets you in on the most effective beauty secrets to enhance your face. Previously kept under wraps, they are now explained during a one-to-one workshop. Unmissable.

BRIDAL MAKE-UP 2 HRS 30 MIN (1H + 1H30)

For the most wonderful day of your life, opt for tailored make-up in two stages. The first step to ideal bridal make-up is a series of trials by the Guerlain Beauty Experts during a pre-consultation, in order to have the perfect look on the big day. You'll be safe in the knowledge that you're in good hands.

HAND & FOOT TREATMENTS



THEY ARE ON THE FRONT LINE! THE FEET AND HANDS SUFFER DAMAGE ON A DAILY BASIS. DON'T NEGLECT THEM, TREAT THEM TO THE CARE THEY DESERVE.

COMPLETE HAND OR FOOT TREATMENT 1H

Gentle scrub, repairing cuticle treatment, a moisturising massage for the hands or feet, a paraffin bath and nail polish application...

This treatment is perfect for those who want to look absolutely flawless, right down to the tips of their fingers.

INTENSIVE HAND OR FOOT TREATMENT 1H30

Pamper your hands or feet with this complete repairing treatment. A specific concentrate and a mask is applied to enhance your beauty. A delightful treatment that finishes with the application of a nail polish or a French Manicure.

INTENSIVE HAND & FOOT TREATMENT 2 HRS

Hands and feet are constantly in use and often neglected, yet require very special attention. Guerlain indulges them with the very best, a complete treatment to repair, soften and enhance... A wonderful gift.

EXCEPTIONAL PAMPERING



AN EXPERIENCE OF ABSOLUTE RELAXATION. TREAT YOURSELF TO A DAY OR HALF-DAY PROGRAM TO PAMPER YOUR BODY AND REPLENISH YOUR ENERGY, RADIANCE AND YOUTH.

SCULPT YOUR FACE & BODY 2 HRS 30 MIN

Imperial Face Sculpt (1 H)
 Imperial Body Sculpt (1 H)
 Focus Rituals (30 MIN)

MOTHER'S PAMPERING 3 HRS

Pre/Post Natal Massage (1 H)
 Tailor-made Treatment (1 H)
 Complete Feet Treatment (1 H)

RESTORE YOUR NATURAL GLOW 2 HRS 45 MIN

Miroir d'eau (1 H)
 Vital Energy (1 H)
 Body Polish (1 H)

BOOST YOUR ENERGY 3 HRS

Deep Muscular Massage (1H30)
 Honey Repair & Renew Treatment (1H30)

TERMS AND CONDITIONS OF SALE

YOUR CUSTOMISED SPA

Transform a Guerlain Spa into your own exclusive setting for an afternoon of treatments with friends, or any other specific request. We are here to make your dreams come true. Don't hesitate to contact us for a customised offer.

GUERLAIN BEAUTY BREAKS

Treat someone special to an unforgettable and luxurious experience with Guerlain Spa Beauty Breaks. Choose your gift from a wide selection of treatments and products by Guerlain.

GUERLAIN AESTHETIC MASSAGE

The massages we offer are for beauty and aesthetic purposes. If you are looking for therapeutic massages, we recommend consulting a physician for advice.

TREATMENT DURATION

For efficient planning, the duration times listed correspond to the treatment time inside the Spa. To make the most of your experience, we suggest you arrive 15 minutes before your scheduled appointment time.

PEACE OF MIND

To allow you to enjoy your spa experience with peace of mind, we provide locker rooms for the safekeeping of your personal belongings.

A TRANQUIL SETTING

Our Spa is a place to relax and unwind, so we kindly ask you turn off your mobile telephones in order to make the most of your experience and preserve the peaceful environment for other visitors.

BOOKINGS, CANCELLATIONS AND LATENESS

In order for us to guarantee availability, we recommend that you make your appointment well in advance of your chosen date. If you are not able to attend, please cancel your appointment with at least 24 hours' notice. Otherwise, we will be obliged to charge you for the price of the treatment you had scheduled. Naturally, if we were in the unfortunate position of having to cancel your appointment with less than 24 hours' notice, we would compensate you for the amount of the treatment. If you are delayed, we will make every effort to offer you the treatment you have booked, if our schedule allows. However, if this is not possible, we will have to cut your treatment short and finish at the scheduled time.

SPA GUERLAIN

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From 9h30 to 21h from monday to sunday

GUERLAIN
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