



GUERLAIN
SPA



HOTEL METROPOLE
MONTE-CARLO



WELLNESS
is an art

KNOW-HOW & daring

Guerlain opened its Institute and aesthetic training school in 1939. It has since trained all its Beauty Experts there, inspiring them to be ambassadors for Guerlain excellence. Throughout the world, these Experts carry out treatments requiring tremendous technical skills, such as the 19-minute facial treatment, which is considered as an industry standard. Spurred on by its pioneering and enterprising vision, Guerlain has been developing massage techniques that combine tradition and innovation for more than 80 years.

With its years of know-how and expertise, Guerlain ensures that every single treatment is an outstanding and personalised experience. Guerlain Beauty Experts perform Guerlain protocols with perfect skill, while being attentive to each individual. The diagnosis stage allows the Experts to adapt their movements and pressure to meet precise needs and expectations. A unique experience absolutely unforgettable.





AWAKEN the sens

Rare orchids with outstanding longevity properties, healing bee products... Since it was founded, Guerlain has been inspired by nature, respectfully drawing on its sensoriality and effectiveness. This unique quest for perfection is echoed at every single Guerlain Spa. Inside each haven, complex rituals are performed to the most exacting standards, the result of extensive development and research. So that every single Guerlain treatment, throughout the world, may be an unforgettable experience.

HOTEL METROPOLE MONTE-CARLO

EXCLUSIVE TREATMENTS

MONACO GLOW 1H30

Guerlain has created an exclusive facial treatment for the Hotel Metropole Monte-Carlo, a tribute to the sun-kissed elegance of the French Riviera. This enchanting ritual combines the precision of expert techniques with the softness of white quartz tools and cotton veils. Special attention is given to the eye area to smooth signs of aging and reveal the radiance of the gaze, like a breath of light across the face. The treatment may be completed with a touch of makeup for a refined finishing touch.

PUISSANCE DU ROCHER 1H30

For the Hotel Metropole Monte-Carlo, Guerlain has designed an exclusive sculpting ritual for the face and the body. Through a powerful combination of movements, stretches, and joint mobilizations, the body is toned and tension is released. Enhanced by the use of stone tools, this treatment offers deep long-lasting revitalization.

GOLDEN SAND 1H30

This treatment pays tribute to the Monegasque Riviera through the use of the Gharieni Psammo Quartz massage table. It combines the ancestral benefits of warm sand with the elegance of sculpted quartz, offering an exceptional sensory experience. The body is enveloped while a massage of the face, hands, and feet is performed. Heated by quartz crystals known for their regenerating properties, the body experiences deep relaxation.





THE ART OF TAILOR-MADE

TAILOR-MADE TREATMENT 1H30 • 2H

A tailor-made facial treatment to create. Following a complete diagnosis, the Beauty Expert creates perfect blends to meet the needs of your face. Purifying, hydrating, re-densifying or regenerating, a treatment with infinite customization.

IMPERIAL FACE SCULPT 1H

Thanks to meticulous facial and morphological diagnosis and a series of expert gestures, this high-tech sculpting massage brings firmness, radiance, and youthfulness to your skin. Its deep muscle work helps redefine the contours of the face, lift the cheekbones, open the eyes, and smooth out wrinkles. The power of the gesture at the service of your face for an impeccable lifting effect.

FOCUS RITUALS 45MIN

To complement your facial treatment, select an area of your choice to ease or pamper - the scalp, eye area or neck & décolleté. You will naturally succumb to this sublime, targeted massage.

ORCHIDÉE IMPÉRIALE AGE REVERSE

ULTIMATE BLACK ORCHID 1H30 • 2H

The masterpiece of Guerlain treatment is a rare and precious luxury where the symbiosis of gestures and the power of Black Orchid work together to support the skins self-preservation mechanisms. It is the ultimate talisman for preserving and prolonging youth, resulting in skin that glows with health and flawlessness.

IMPERIAL LONGEVITY 1H30 • 2H

Guerlain is inspired by the infinite longevity of the orchid to create its most complete exceptional anti-aging treatment, with highly regenerating and redensifying powers. The skin regains its perfect qualities to the eye and to the touch, it is soft, velvety, and sublime.





YOUTH REPAIRING POWER

ROYAL HONEY REPAIR & RENEW 1H30

A true sensory and regenerating escape, this facial treatment, infused with the reparative powers of honey, is a bubble of softness and well-being. A subtle alchemy of pressure points and warm herbal compresses, it stimulates cellular renewal while calming the mind. The skin is radiant with vitality, beautifully enhanced with a youthful glow.

INTENSE BODY ENHANCEMENT

IMPERIAL BODY SCULPT 1H • 1H30

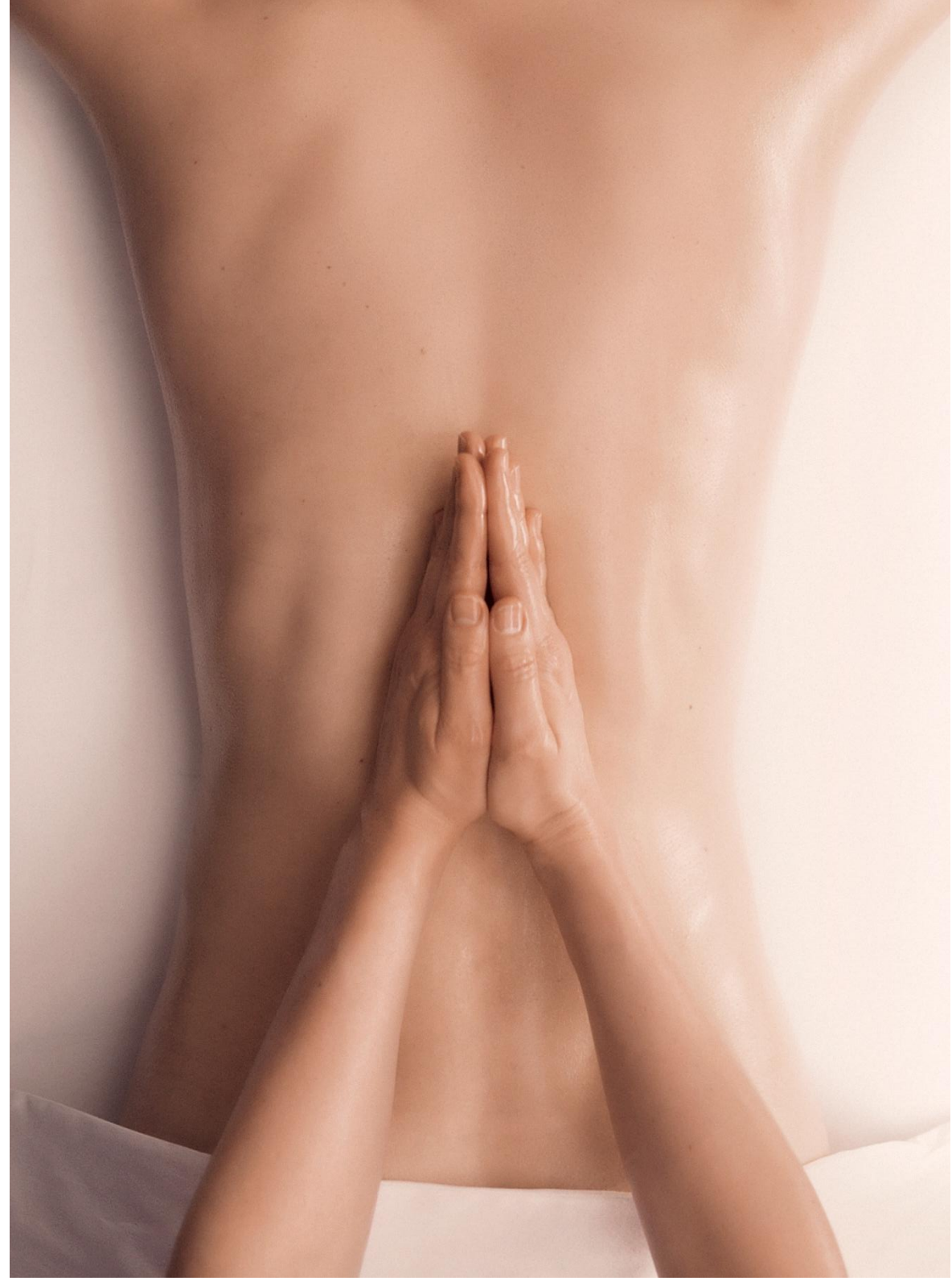
Powerful and immediately effective, this slimming treatment sculpts the silhouette, reduces cellulite, and drains toxins. The deep and intense motions of drainage and kneading stimulate the metabolism for lasting results. The body is naturally reshaped with more harmonious curves.

INTENSIVE BODY THERAPY 2H

Scrub, wrap, personalised massage... This global treatment is a sensorial experience that deliciously enhances the body.

BODY POLISH 1H

The skin is clear and refined, as soft as silk... an invitation to well-being.





RELAXATION & ENERGY

DEEP MUSCULAR MASSAGE 1H • 1H30

This powerful ritual is based on five of the most effective ancestral methods in the world. It sculpts, strengthens and tones the muscles, releasing tension for deep relaxation.

IMPERIAL RELAXING MASSAGE 1H • 1H30

Paying tribute to Eau de Cologne Impériale, this signature Guerlain massage arouses all the senses. It stimulates circulation, promotes oxygenation and brings about irresistible relaxation.

BLISSFUL MUM 1H • 1H30

Designed to improve the skin's elasticity and stimulate circulation, this massage can be performed after the first trimester of pregnancy or at the beginning of motherhood.

4-HAND IMPERIAL MASSAGE 1H • 1H30

A true choreography of four hands, this massage with expert gestures promises a wonderful feeling of well-being and lightness.

DUO TREATMENTS

BONDING BLISS 1H • 1H30

A perfect and quality family time to experience the best of Guerlain treatments.

AMONG FRIENDS 1H • 1H30

To celebrate friendship, Guerlain creates a shared experience for friends, for memorable moments.

ROMANTIC GETAWAY 1H • 1H30

What better way to live an exceptional relaxation sensation than sharing it with the love of your life? Let yourself dive into the softest and most romantic getaway...

WELLNESS PRELUDE 30MIN

As a complement to your duo treatment, treat yourself to a moment of relaxation in the intimacy of your private hammam. A soothing foot bath, delicately scented with one of the selected L'Art & la Matière fragrances, extends this moment of indulgence, accompanied by a glass of champagne to elevate the experience.





TREATMENTS FOR MEN

SKIN SAVER FACIAL 1H30

This treatment includes a scrub, exclusive face massage, mask and eye contour treatment to restore radiance and comfort to the face.

ENERGIZING FACIAL 1H30

The skin regains all its freshness and purity thanks to a scrub, massage, mask, and eye contour adapted to each skin type.

MUSCULAR ENERGY 1H • 1H30

This aesthetic massage stretches the muscles, leaving them suppler, and also works on blood circulation to balance the body and mind.

The other treatments featured in the brochure may be available and adapted for men.

EXCEPTIONAL PAMPERING

SCULPT YOUR FACE & BODY 2 H 30

Imperial Face Sculpt (1 h)

Imperial Body Sculpt (1 h)

Focus Rituals (30 min)

BOOST YOUR ENERGY 2 H 30

Monaco Glow (1 h 30)

Deep Muscular Massage (1 h)

MOTHER'S PAMPERING 3 H

Tailor-made Treatment (1 h 30)

Blissful Mum (1 h 30)

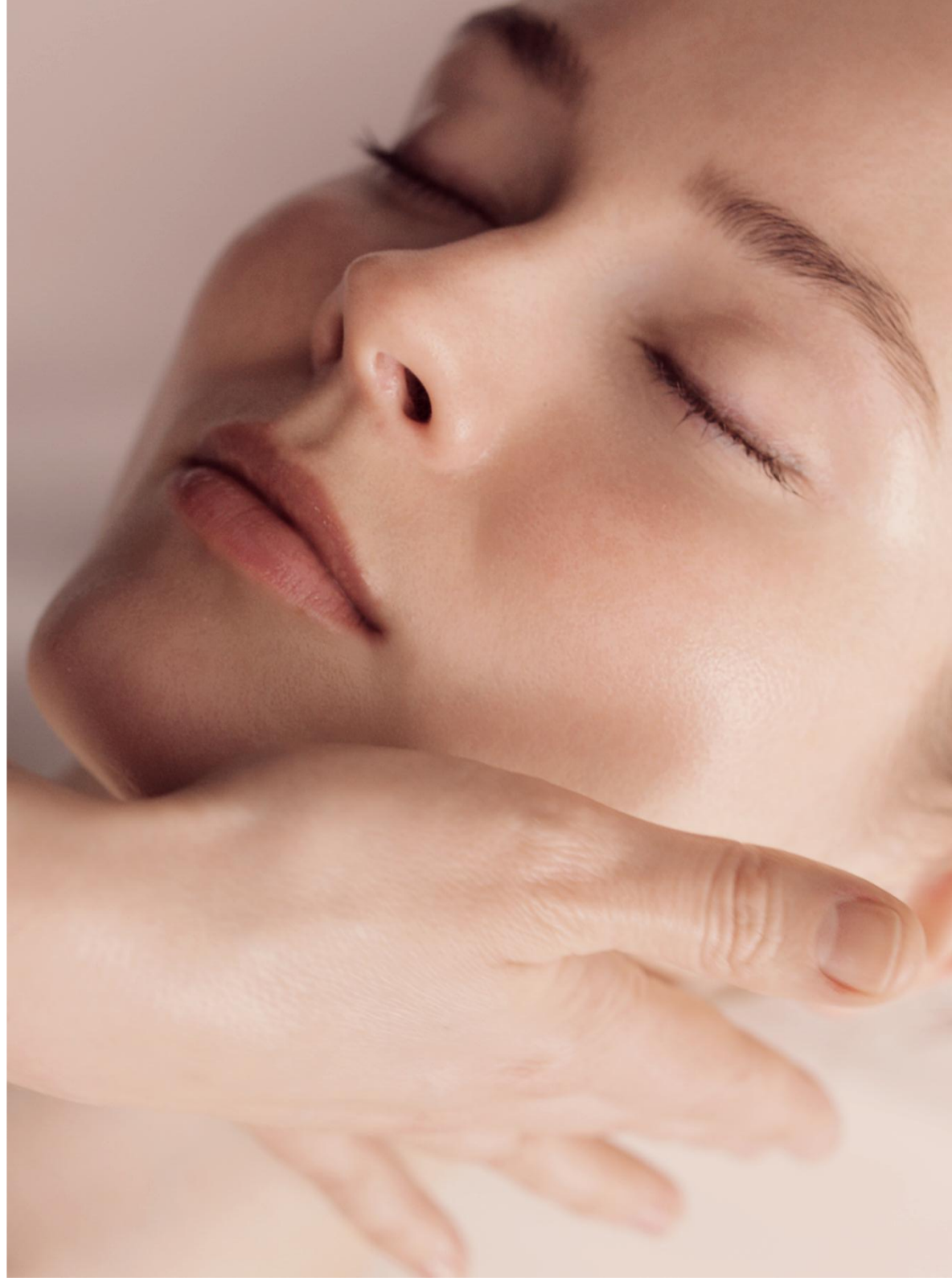
SHINE WITH BEAUTY 3 H 30

Tailor-made Treatment (1 h)

Body Polish (1 h)

Imperial Relaxing Massage (1 h)

Make-Up (30 min)





THE ART OF MAKE-UP

MAKE-UP APPLICATION 1H

For a special occasion or simply to be perfect and irresistible every day, Guerlain imagines a makeup session that combines expertise and pleasure.

MAKE-UP LESSON 1H30

We all dream to master the Make Up Artist gestures... Guerlain lets you in on the most effective beauty secrets to enhance your face.

BRIDAL MAKE-UP 2H30 (1H30 + 1H)

For the most wonderful day of your life, opt for tailored make-up in two stages. Guerlain crafts a tailored makeup in order to have the perfect look on the big day.





PEDI:MANI:CURE STUDIO

by Bastien Gonzalez

Bastien Gonzalez is internationally renowned for his unique approach to foot care. Drawing on his expertise and background as a French chiropodist, he has created exclusive treatments for the feet, hands, and nails that stand out for their fusion of health, well-being, and beauty. Every team member is personally selected and trained by Bastien in his treatment protocols and standards, ensuring the excellence of his signature "Savoir-Faire" is upheld across the globe.

SIGNATURE TREATMENTS

RENAISSANCE SIGNATURE 1H30

Give your feet a complete rebirth. This exceptional treatment - signed Bastien Gonzalez - combines the renowned Bastien Pedicure with an exclusive double-action resurfacing technique. The ritual begins with the gentle application of Heel Renaissance, designed to soften and deeply exfoliate the feet, leaving the skin smooth and supple. It is followed by the expert waterless pedicure by Bastien Gonzalez, blending beauty, comfort and foot health.

To finish, a warm paraffin wrap soothes and nourishes the feet, delivering intense hydration and deep relaxation. A holistic, sensorial ritual for perfectly renewed and velvet-soft feet.

BASTIEN'S DUO (2 therapists) 1H15

This synchronized four hands treatment focuses on your feet, legs, hands, and arms according the Bastien's Method. It is the ultimate luxury experience in manicure and pedicure.





EXPERT RITUALS

BASTIEN'S PEDICURE 1 H

A comprehensive foot treatment combining expertise and aesthetic care. This protocol includes a thorough treatment of the skin and its dry areas, precise nail care followed by a natural beauty finish through gentle buffing for a healthy, radiant shine. The treatment concludes with a massage from toes to legs, offering a deep sense of relief and absolute lightness.

BASTIEN'S MANICURE 1 H

An exceptional manicure in 3 steps: a nail treatment, including a natural beauty finish to the nail, follow by a meticulous cuticle treatment to remove dryness, and a thorough massage of the forearms, wrists, hands, and fingers.

FOOT BEAUTY « RÉVÉRENCE DE BASTIEN » 1 H

A complete foot beauty ritual in three steps. The treatment begins with a gentle exfoliation to smooth calluses and dry areas, leaving the skin soft and visibly refined. It continues with a delicate nail buffing that reveals a radiant, natural shine — no polish needed. The ritual concludes with a relaxing massage from toes to legs, releasing tension and delivering an exquisite sensation of lightness.

RESTORATIVE MESSAGES

FOOT RE-FOUNDATION 35MIN

Foot Massage. A treatment designed for the total well-being of the feet and legs. Ideal for heavy and tired legs after flights, this truly relaxing massage is from the toes up to the knee, focusing on muscle tension, joint mobility, blood circulation, skin elasticity and the swollen soles of your feet. The preliminary exfoliation performed will ease the penetration of the cream used during the massage.

GLOBAL MESSAGE RE-FOUNDATION (2 therapists) 35MIN

Synchronized Foot and Hand Massage – A completely soothing and calming massage from the toes up to the knee, from the fingers up to the elbow. These four hands synchronized massage create a light sensation to the whole body, relieve legs and arms from any muscle tension and heaviness.





ADDITIONAL TREATMENTS

« BLACK DIAMOND SCRUB » TOUCH 15 MIN

This mineral foaming scrub permits a vigorous natural exfoliation, helping the removal of dead skin cells and leaving it smooth and silky sensation. Essential oils of Thyme and Safe contribute to maintaining healthy and elegant feet and hands.

PARAFFIN TOUCH 15 MIN

Intensify any of Bastien Gonzalez treatments by adding the paraffin touch. The warmth of this silky wax will aid the penetration of applied moisturizers into the skin for deep hydration. It will enhance relaxation and ease tension in the joints and muscles.

COLOUR TOUCH 30 MIN

Nail Polish application is not included in our Bastien's pedicure and manicure. Choose your preferred shade from our range of lacquers to infuse your nails with captivating colour, perfect for a special event. Includes nail reshaping.

HOTEL METROPOLE MONTE-CARLO

EXCLUSIVE TREATMENTS

Monaco Glow	1h30	350 €
Puissance du Rocher	1h30	350 €
Golden Sand	1h30	400 €

THE ART OF TAILOR-MADE

Tailor-Made Treatment *	1h30	350 €
	2h	450 €

Imperial Face Sculpt *	1h	290 €
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Focus Rituals *	45min	200 €
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ORCHIDÉE IMPÉRIALE AGE REVERSE

Ultimate Black Orchid	1h30	455 €
	2h	585 €
Imperial Longevity *	1h30	350 €
	2h	450 €

YOUTH REPAIRING POWER

Royal Honey Repair & Renew *	1h30	350 €
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THE ART OF MAKE-UP

Make-Up Application	1h	250 €
Make-Up Lesson	1h30	300 €
Bridal Make-Up	2h30	600 €

INTENSE BODY ENHANCEMENT

Imperial Body Sculpt **	1h	250 €
	1h30	320 €
Intensive Body Therapy	2h	420 €
Body Polish	1h	220 €

RELAXATION & ENERGY

Deep Muscular Massage **	1h	250 €
	1h30	320 €

Imperial Relaxing Massage **	1h	250 €
	1h30	320 €

Blissful Mum **	1h	250 €
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4-Hand Imperial Massage	1h	500 €
	1h30	640 €

TREATMENTS FOR MEN

Skin Saver Facial	1h30	350 €
Energizing Facial	1h	290 €
Muscular Energy **	1h	250 €
	1h30	320 €

DUO TREATMENTS

Bonding Bliss	1h30	500 €
	1h	640 €
Among Friends	1h	500 €
	1h30	640 €
Romantic Getaway	1h	500 €
	1h30	640 €
Wellness Prelude	30 min	250 €

EXCEPTIONAL PAMPERING

Sculpt Your Face & body	2h30	580 €
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Boost Your Energy	2h30	580 €
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Mother's Pampering	3h	625 €
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Shine with Beauty	3h30	775 €
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TAILOR-MADE PROGRAMMS

TREATMENTS *			
	3	5	10
1h	825 €	1 340 €	2 610 €
1h30	995 €	1 615 €	3 150 €
2h30	1 280 €	2 080 €	4 050 €

MASSAGES **			
	3	5	10
1h	710 €	1 150 €	2 250 €
1h30	915 €	1 485 €	2 875 €

PEDI:MANI:CURE STUDIO

BY BASTIEN GONZALEZ

SIGNATURE TREATMENTS

Renaissance Signature	1h30	270 €
Bastien's Duo	1h15	315 €

EXPERT RITUALS

Bastien's Pedicure	1h	175 €
Bastien's Manicure	1h	135 €
Foot Beauty « Révérence de Bastien »	1h	160 €

RESTORATIVE MESSAGES

Foot Re-Foundation	35min	120 €
Global Massage Re-Foundation	35 min	145 €

ADDITIONAL TREATMENTS

« Black Diamond Scrub » Touch	15min	40 €
Paraffin Touch	15min	40 €
Colour Touch	30min	40 €

TERMS AND CONDITIONS OF SALE

TREATMENT DURATION

The indicated durations correspond to your treatment time at the Spa, including time for undressing, dressing, and talking with the expert. To fully enjoy your experience, we invite you to arrive 20 minutes before your appointment time. For any treatment lasting three hours or more, you will benefit from 1.5 hours' access to the hammam, sauna, fitness area, and Odyssey swimming pool.

GUERLAIN AESTHETIC MASSAGE

The massages we offer are beauty and wellness massages aimed at relaxation and aesthetics. For therapeutic massages, we recommend consulting a doctor for advice. We welcome pregnant women for massages from the second trimester up to the seventh month of pregnancy, or upon presentation of a favourable medical certificate. Please inform us of any health issues, allergies, or injuries that might affect the smooth running of your treatment.

PEACE OF MIND

We recommend leaving your valuables at home. Management accepts no responsibility for loss, damage, or theft of personal belongings within the Spa premises.

A TRANQUIL SETTING

As our Spa is a place of relaxation and tranquillity, we kindly ask you to switch off your mobile phones to fully enjoy your experience and respect other clients' peace.

YOUR CUSTOMISED SPA

Make your Guerlain Spa your exclusive sanctuary for an afternoon of treatments with friends or for any other special request. We are committed to making everyone's dream come true. Please do not hesitate to contact us for a bespoke private hire offer.

TAILOR-MADE ESCAPES

Give the gift of a little miracle of beauty and wellbeing, a unique sensory experience. Choose your gift from our Guerlain treatments. Our Tailor-Made Escapes can only be used once and are non-refundable, even partially, and non-exchangeable. The purchased Tailor-Made Escape is valid for one year from the date of purchase and is nominative. If not used within the indicated timeframe, neither the purchaser nor the beneficiary will be entitled to a refund and the treatment cannot be carried out.

BOOKINGS, CANCELLATIONS AND LATENESS

To guarantee your preferred appointment time, we advise booking as early as possible. In case of cancellation, please notify us at least 24 hours in advance. Otherwise, we will have to charge the full price of the scheduled treatment. In case of lateness, we will do our best to provide the full treatment if our schedule allows. Otherwise, the treatment will be shortened accordingly. A credit card will be requested as a guarantee at the time of booking, except for hotel residents.

ACCESS

Our treatments provide wellbeing and relaxation to guests of the Hôtel Métropole Monte-Carlo as well as to non-resident visitors. Free parking with valet service. Minors aged 10 to 18 are welcome to receive treatments when accompanied by an adult. However, some treatments may not be suitable for them.

SPA METROPOLE BY GUERLAIN

Hotel Metropole Monte-Carlo
4 avenue de la Madone - 98 000 Monaco

Open every day from 7 am to 9 pm.
Treatments available by appointment from 10 am to 8 pm.

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